

amoena

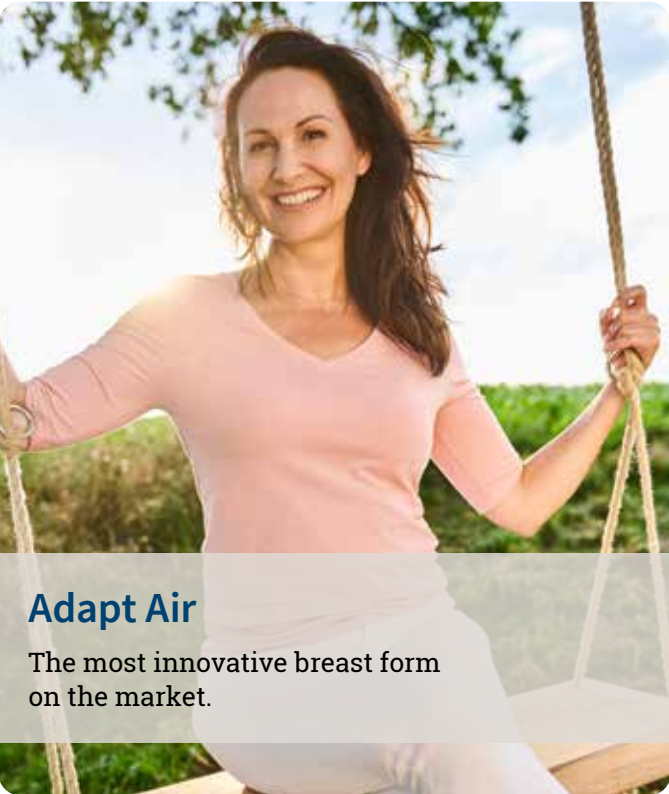
Supporting Confidence



PRODUCT CATALOGUE 2022

Amoena – Your partner in breast care

NEW RANGE 2022



Adapt Air
The most innovative breast form on the market.



Balance Adapt Air
Balance out uneven breasts with our breast shapers.



NOS Collection
The right bra for every woman in a great selection of colours.

CONTENTS

ABOUT AMOENA	4	a
ALWAYS HERE FOR YOU	4	
MORE THAN AN ONLINE SHOP	5	
AMOENA ACADEMY TRAINING AND EDUCATION OPPORTUNITIES	6	
AMOENA – YOUR PARTNER IN BREAST CARE	8	
AMOENA'S COMMITMENT TO HIGH QUALITY	9	
PATIENT JOURNEY & THE AMOENA SOLUTION	10	
AMOENA PRODUCT RANGE	12	
AMOCURA – RECOVERY CARE	14	+
CARE CONCEPT	17	
PORTFOLIO OVERVIEW	18	
CURASUPPORT COMPRESSION	20	
CURASUPPORT COMFORT	24	
CURASCAR GARMENTS	26	
CURASCAR SILICONE	28	
MEASURING TIPS	30	
SIZE CHART	31	
BREAST CARE APPAREL	32	👙
CARE CONCEPT	35	
PORTFOLIO OVERVIEW	36	
EXCLUSIVES AMOENA SPECIAL GARMENTS	38	
MATERIALS	40	
LINGERIE	42	
ELEGANT	42	
CLASSIC	44	
SEAMLESS	46	
HIGH CUT	50	
ACTIVE	52	
WELLNESS	54	
SWIMWEAR	56	
ELEGANT	56	
CLASSIC	58	
ACTIVE	60	
BREAST FORMS AND SHAPERS	62	👙
CARE CONCEPT	65	
BREASTSHAPERS PORTFOLIO OVERVIEW	66	
BALANCE ESSENTIAL	68	
BALANCE NATURA	68	
BALANCE CONTACT	69	
BALANCE ADAPT AIR	69	
BREASTFORMS PORTFOLIO OVERVIEW	70	
ESSENTIAL	72	
NATURA	74	
ENERGY	76	
CONTACT	78	
ADAPT AIR	80	
OTHER	82	
FURTHER INFORMATION	84	a
FITTING GUIDE BREAST CARE APPAREL	84	
SIZING CHART FOR LINGERIE AND SWIMWEAR	85	
PERFECT FIT	86	
BALANCE – SHAPERS SIZING & SIZING CHART	88	
BREAST FORMS SIZING & SIZING CHART	90	
BACK TO YOUR DAILY LIFE WITH AMOENA MEDICAL DEVICES	92	
AMOENA PACKAGING	94	
NEW PRODUCTS & MERCHANDISING AND POS SUPPORT	96	

ALWAYS HERE FOR YOU

Our friendly, experienced, solution-focused team is here to take care of you every step of the way.

When it comes to breast surgery aftercare, there's no such thing as one size fits all. That's why we're here to help you provide your patients with the right products to make their treatment a success. Optimal care for your patients is our priority. Together, we can provide a strong team and help women regain their confidence after breast cancer.



Our customer service department is here to:

- Answer any specific questions you have about our products
- Take orders, send samples and deal with complaints
- Provide information regarding your order status, as well as shipment tracking details

Available

- By telephone**
- Mon - Sun 9am – 5pm
 - Fridays 9am – 4pm
- Via email**
- info.customerservice@amoena.com
- Using our chat service**
- b2b.amoena.com

Reliable

- Same-day delivery of orders placed before 2pm
- Delivery in 48 hours within Germany

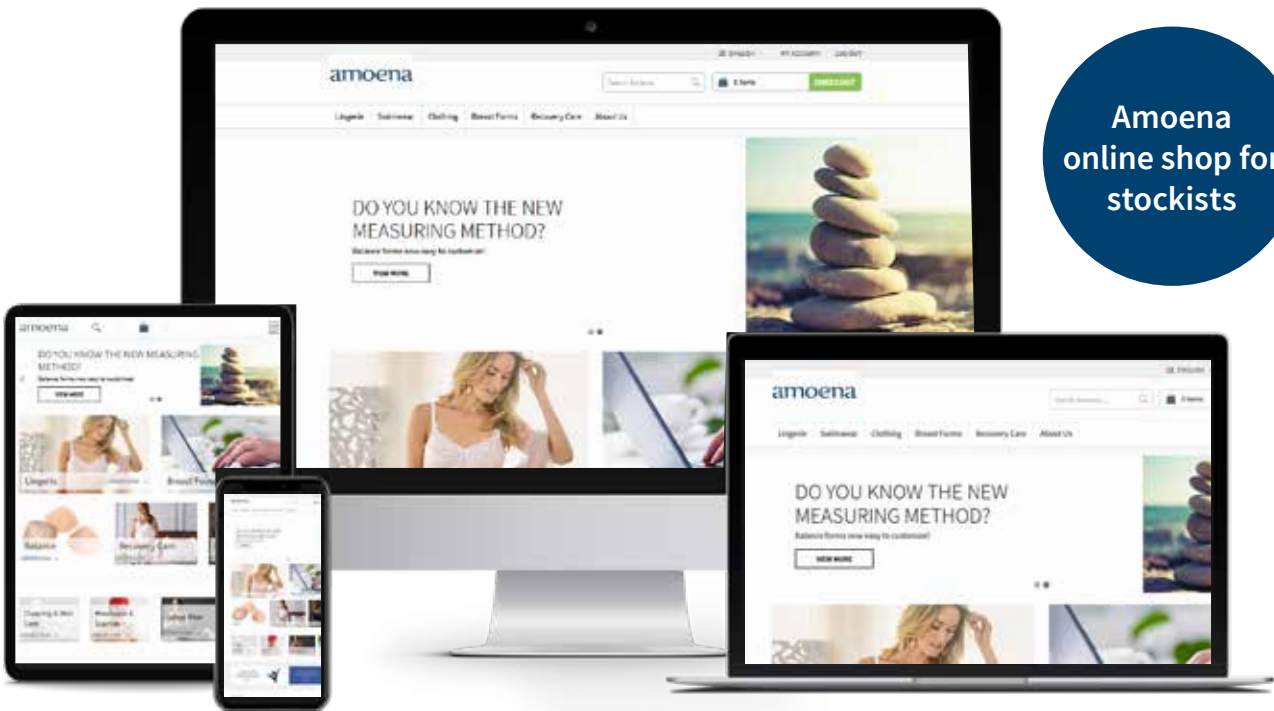
Simple

- No minimum order requirement
- Order confirmation sent via email or EDI
- Invoices, credit notes and receipts sent via email or EDI
- Exact delivery schedules provided for products that are currently unavailable
- No need to send in complaints forms in most cases

MORE THAN AN ONLINE SHOP

Create an account now at: b2b.amoena.co.uk

Receive updates about our online shop. Be the first to find out about our products, current offers and news.



Orders

- 24/7 service when you need it on all devices
- 100 % secure data transfer via SSL
- Option to create additional users
- Product availability and delivery dates at a glance
- Overview of your order history
- Access to our SALE page featuring special offers
- Editable shopping cart
- Price list

Stay up to date

- Information about our products
- Declaration of conformity
- Complaints forms
- DIN ISO certificates
- Terms and conditions

Information and support

- Sign up for our tutorials
- Access our latest catalogue
- Option to hide prices when advising patients
- Overview of product weights
- Instructions for use and care

CONTACT US



By telephone
+49 (0)8035 871-160
Fax
+49 (0)8035 871560



By email
info.customerservice@amoena.com



Online shop
for stockists
b2b.amoena.co.uk

Amoena Medizin-Orthopädie-Technik GmbH · Kapellenweg 36 · 83064 Raubling · Germany · amoena.com

WHAT OUR CUSTOMERS HAVE TO SAY:



User friendly portal. Reliable delivery, very good quality. Friendly and helpful customer service. Very happy. Thank you!



Online shop easy to navigate!



The whole process was very smooth. Filter function and options are excellent. Thank you.

AMOENA ACADEMY TRAINING AND EDUCATION OPPORTUNITIES

Amoena seminars are designed to provide you with the support you need to help you in your day-to-day work. Our workshops provide training on how to match our products with different surgery types, gain practical hands on fitting experience and master key fitting techniques. Particular emphasis is placed on using Amoena products to help with difficult fitting situations. Amoena seminars give you the chance to update your skills and meet with other breast care professionals either online or in informal relaxed surroundings. Delegates are awarded a certificate at the end of each seminar.

Contacts:
 You can reach us by telephone: **+49 8035 871129** or at **training@amoena.com**



Claudia Horrер
 Team Lead Global Education



Alexandra Arnold
 Global Education Manager



Thekla Bruhnke
 Education Coordinator

You can find our most recent training catalogue and more details about our courses at:
www.amoena.com/uk-en/about-us/academy-registration



TRAINING ONLINE OR IN PERSON

3-day intensive training session for beginners in Raubling*	2-day training session for beginners	1-day training advanced session: build your knowledge and stay up to date
Learn the most important basics for working with patients after breast surgery. Take part in our exclusive factory tour for a better understanding of how our breast forms are made. There, you will gain first-hand experience from women who have undergone breast surgery and get all the practice you need to be able to care for your own patients safely and confidently.	Our practical, user-oriented training sessions, offered all over Germany, give you all the most important basics you need. On day two of the course, you'll work with women who have undergone breast surgery and find out how they use our products in their everyday lives.	Once you've mastered the basics, come along and learn about new innovations at Amoena: We offer you the opportunity to deepen your theoretical and practical knowledge on various topics in several locations across Germany in order to bring variety and safety into your everyday practice.

Amoena Online Academy

Unable to travel?
 Alongside our in-person training session, we also provide online courses with content delivered in a variety of media. These certified courses provide beginners with all the basics they need, and give advanced learners the materials they need for independent study. Both our beginner and online refresher courses are IQZ certified. In addition, we're more than happy to provide you with any technical equipment you may require. Just get in touch!



WHAT OUR CLIENTS HAVE TO SAY ABOUT OUR TRAINING SESSIONS:

- ” I was impressed with this course! I'd be happy to take part in online sessions in the future. The training session didn't take up too much of my work day. *Christine T. (online course)*
- ” I was very pleased with the practical approach. I was also sent an exercise box to use for the duration of the course. This meant I could learn through doing. *Sybille Z. (online course)*

AMOENA – YOUR PARTNER IN BREAST CARE

For over 45 years, we've been working passionately to help women with breast cancer get their confidence back. Since 1975, we have been your competent partner in the field of breast care with the highest standards of quality, innovation and design. Let's help build the future and self confidence of your patients together.



THE AMOENA SOLUTION

To support women on their journey through breast cancer, we offer products adapted to all sorts of specific needs, right from the beginning of treatment. Thanks to our high-quality products, strong focus on innovation and commitment to using only the best materials, we guarantee your patients will be satisfied with our products. We're proud to support women along their journey – from diagnosis right up to the return to their everyday lives.

This is what we call the **Amoena Solution**

AMOENA'S COMMITMENT TO HIGH QUALITY



Amoena has stood for quality since 1975. All of our products are manufactured to the highest quality standards and perfectly adapted to the specific needs of women on their breast cancer journey. We are the trusted providers of over 15,000 stockists worldwide and have sold over 18 million breast forms since 1975.

A perfect fit

- Find the perfect fit with products designed to be worn together
- High fitting accuracy due to perfectly matched products
- Perfect look, maximum comfort

Smart sizing

- Thanks to our use of innovative materials and technologies, our products are suitable for most shapes and intermediate sizes
- Any small recurring fluctuations in size can also be accommodated

Tried-and-tested sizing system

- We use a precise sizing system, developed over decades of experience taking post-op body and breast measurements, as well as working with a wide range of different materials and technologies
- We develop all of our products alongside women who have undergone breast surgeries and adapt the fit of our products to meet their needs

Easy to use

- Our sizing system has been designed so that our products can be paired together in any combination
- Find the perfect fit in a few easy steps

Wide range of products

- Products available in many different styles and designs
- Wide range of sizes
- Solutions for patients' specific needs

Medical devices

- Our breast forms and shapers, post-op wear and scar therapy products, specially designed bras and swimwear range are all CE certified and therefore meet the MDR safety and performance requirements

Oeko-Tex 100

- We use Oeko-Tex 100 certified materials in all our textile manufacturing processes

Allergen free

- All of our products are latex- and nickel-free and do not contain any toxic substances

Sustainability

- Sustainable materials, including raw materials
- Wherever possible, we design our work processes sustainable

OUR QUALITY STANDARDS

CE marked

All Amoena's CE-certified products meet the requirements of EU regulation MDR 2017/745 as well as the German Medical Devices Implementation Act (MPDG).

ISO-certified

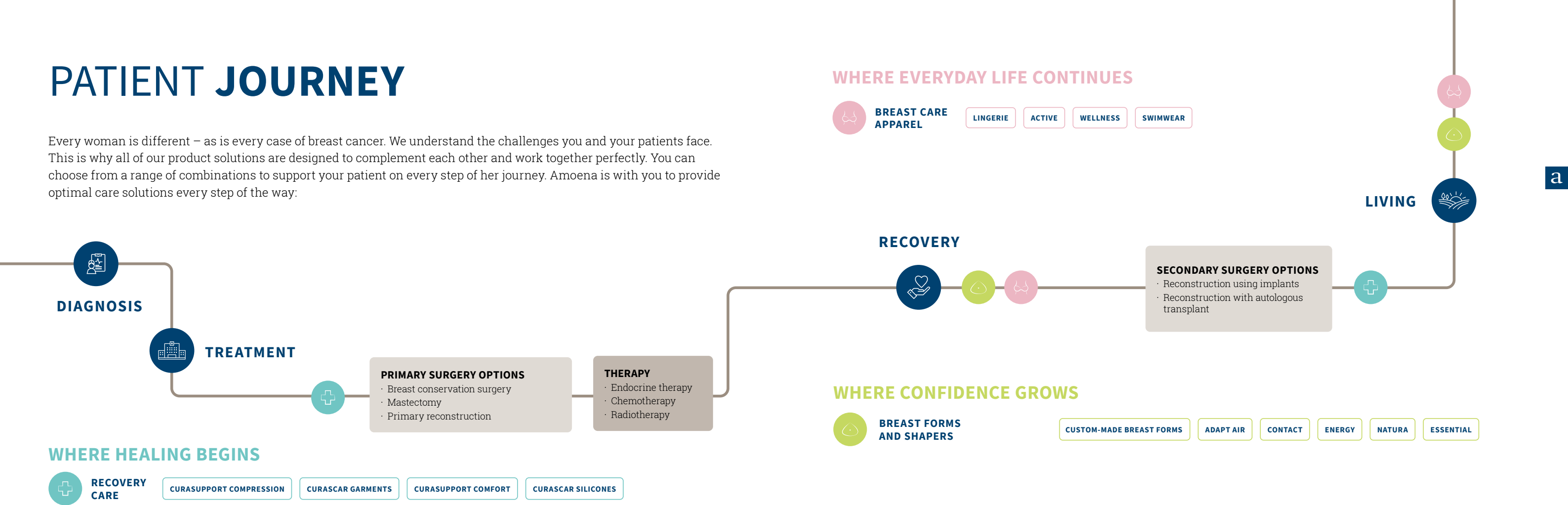
Amoena works with an integrated management system and is certified in accordance with ISO 9001/1401/13485.

Made in Germany

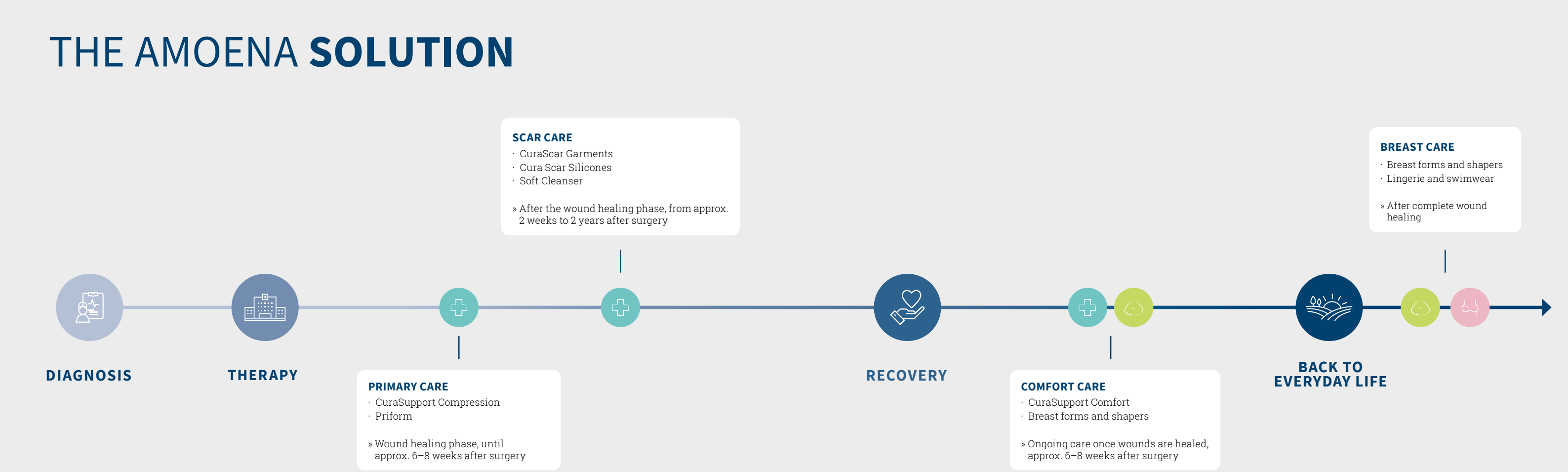
We develop and produce our breast forms exclusively on our premises in Raubling (Upper Bavaria), where our textiles are also developed and designed. Everything is created under one roof by long-standing, qualified employees, who strive every day to ensure our mutual success.

PATIENT JOURNEY

Every woman is different – as is every case of breast cancer. We understand the challenges you and your patients face. This is why all of our product solutions are designed to complement each other and work together perfectly. You can choose from a range of combinations to support your patient on every step of her journey. Amoena is with you to provide optimal care solutions every step of the way:



THE AMOENA SOLUTION



AMOENA PRODUCT RANGE

How we meet patients’ needs and requirements: The right product for every woman.

You'll find the perfect product for each individual patient in Amoena's wide product range, specifically deigned and adapted to patients' requirements and needs.



PREMIUM



Outstanding quality and innovative product developments.

Our products represent the best quality and most personalised care standards currently available on the market.



ADVANCED



Functional design using materials specially selected for their durability.

A focus on patients' needs using innovative manufacturing technologies.



BASIC



The excellent Amoena quality you expect at attractive prices.

Our products meet all your basic care needs without compromising on materials, workmanship, or design.



FEATURES	PREMIUM	ADVANCED	BASIC
Full medical efficacy	✓	✓	✓
Optimal comfort	✓	✓	✓
Goodwill service provided for warranties	✓	✓	✗
Special functions	✓	✓	✗
Customisable	✓	✗	✗
Special features	✓	✗	✗
Your statutory compulsory share	✓	✓	✓
Cost to the patient	optional	optional	✗



AMOCURA – RECOVERY CARE14

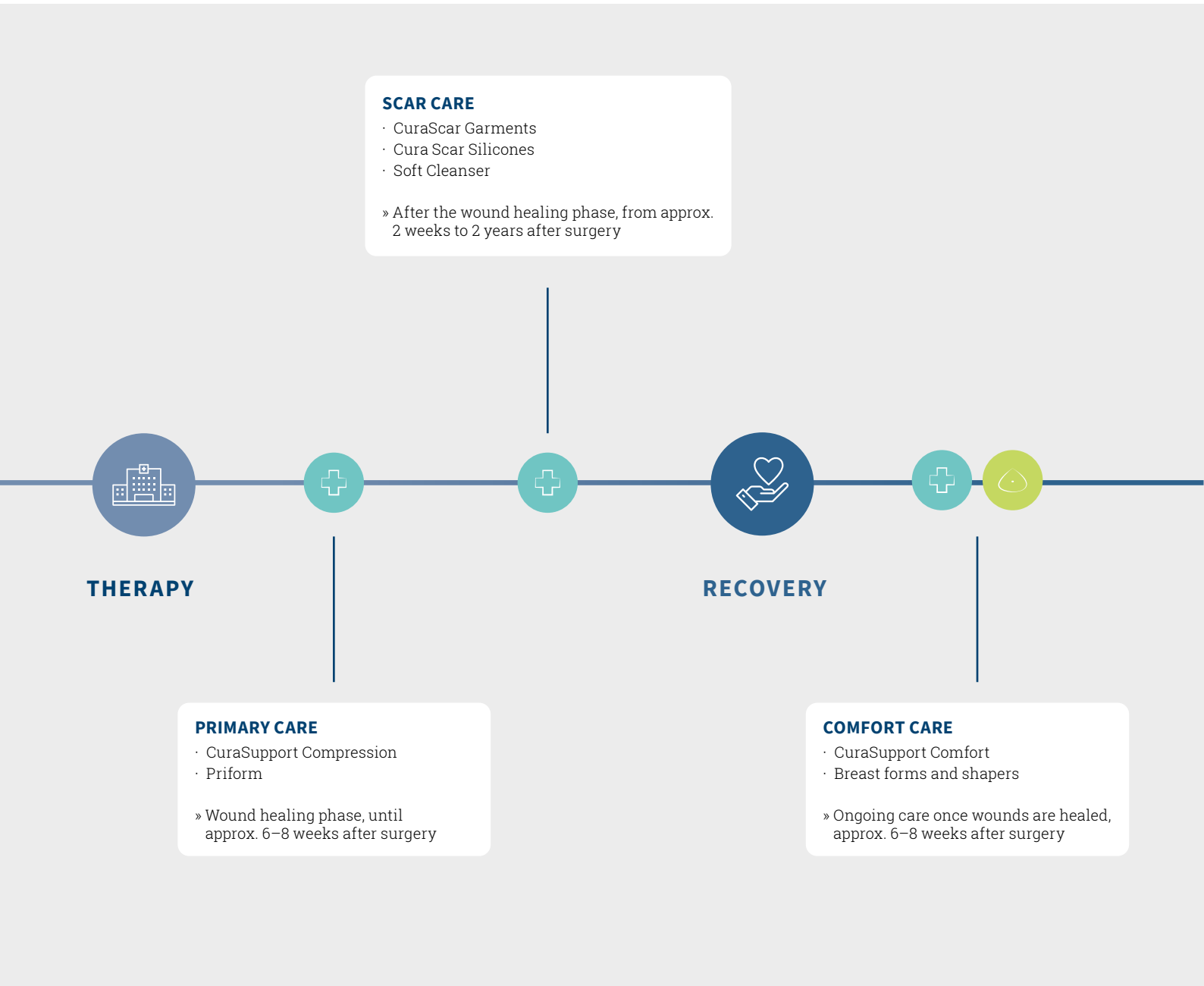
CARE CONCEPT	17
PORTFOLIO OVERVIEW	18
CURASUPPORT COMPRESSION	20
CURASUPPORT COMFORT	24
CURASCAR GARMENTS	26
CURASCAR SILICONE	28
MEASURING TIPS	30
SIZE CHART	31

WHERE HEALING
BEGINS

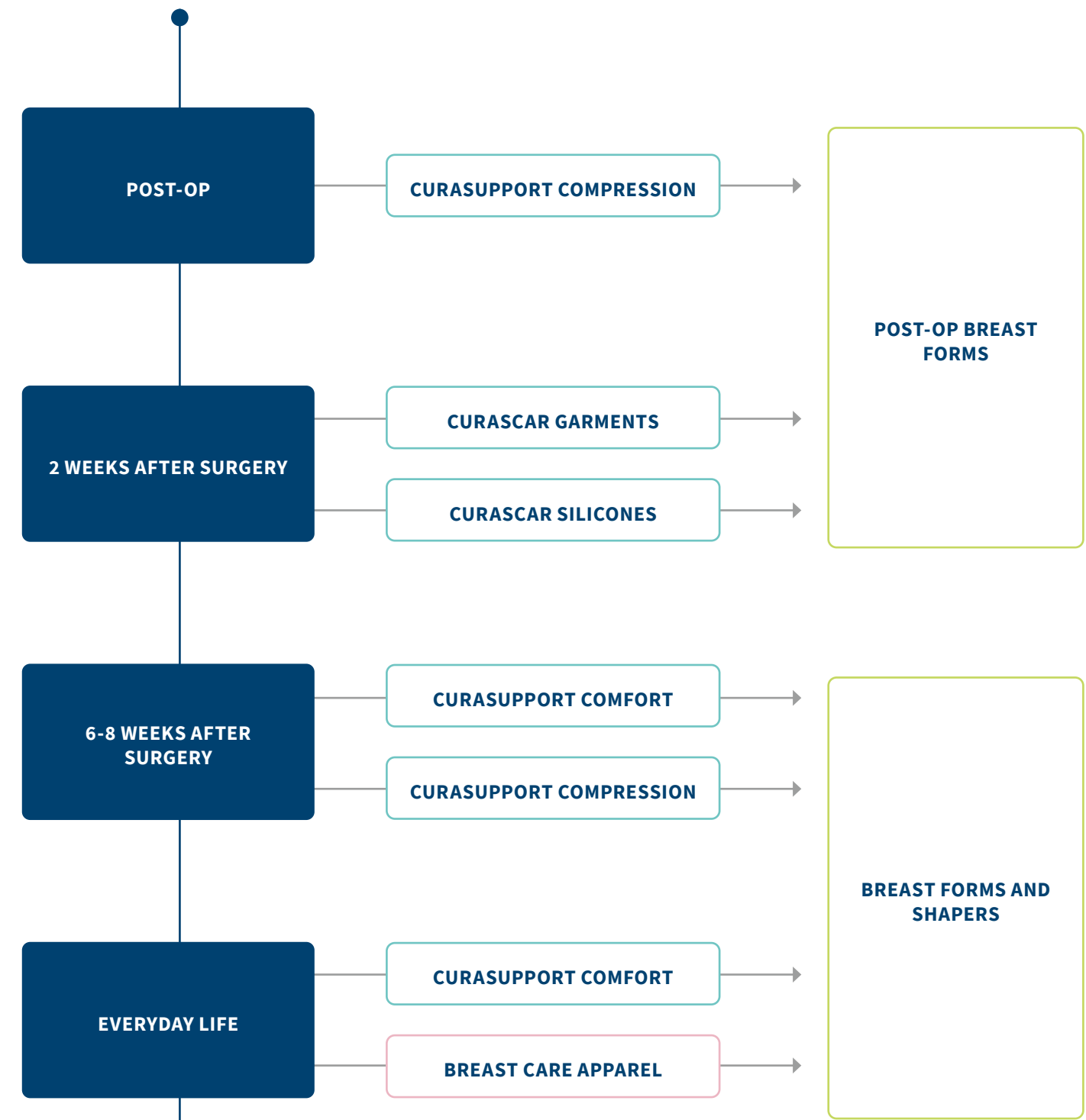


RECOVERY CARE

The products in our recovery care range have been specially developed for patients' needs right after breast surgery. Whether your patient has undergone full, partial or reconstructive breast surgery, our products are there to help with the specific challenges they face and support with the healing process, with a focus on safety and wellbeing.



RECOVERY CARE CARE CONCEPT



RECOVERY CARE

PORTFOLIO OVERVIEW

CURASUPPORT



CURASUPPORT COMPRESSION

- Leyla
- Sina
- Pamela
- Compression strap
- Theraport
- Sarah



CURASUPPORT COMFORT

- Emilia
- Hannah
- Michelle
- Frances
- Sandra
- Clara
- Fleur



PRIFORM

- Post-op breast forms

CURASCAR



CURASCAR GARMENTS

- Scar compression Panty
- Scar compression bermuda
- Scar compression belly bandage



CURASCAR SILICONES

- Strips
- Squares
- Mammilla Circles
- Anchors

CURASUPPORT COMPRESSION

Seamless post-op bras

Our seamless compression bras have been specially developed for wear after breast surgery. They support the wound healing process by keeping the operated breast secure and supported. In addition, they protect sensitive skin and scar tissue and can ease post-operative oedema and pain.

3 reasons to try our post-op bras

- 1. Seamless design without troublesome seams, which supports the healing process without further irritating the skin.
- 2. Specially stitched areas that apply targeted pressure, encouraging lymphatic drainage and minimising the risk of post-operative oedema.
- 3. Varying pressure levels for use after different surgical methods to suit the patient's individual needs and requirements.

Post-op bras with a high cotton content

Our Theraport compression bras have been specially developed to wear during radiotherapy, including partial breast radiotherapy (such as brachytherapy). These bras have a high cotton content and are made from material that can easily be cut to fit. The material is also kind to sensitive skin, making them ideal for patients undergoing radiotherapy. Likewise, our post-op bras with a high cotton content have been specifically designed for wear after breast surgery. The pressure secures the operated breast and tissues in place, which accelerates the wound healing process after surgery.

Leyla



LIGHT COMPRESSION

- A special compression zone supports the breast without applying direct pressure to its entire surface
- Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

Sina



MEDIUM COMPRESSION

- Keep the breast supported and secure with specific compression zones in the lower cup area
- Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

Pamela



HIGH COMPRESSION

- Keep the breast supported and secured by applying pressure to the entire breast surface
- High compression levels and specially stitched panels promote optimal lymphatic drainage.

COLOURS



FEATURES

- Prewashed and ready for use in a clinical setting
- Flexible
- Supports the operated area
- Universal cups
- Seamlessly integrated pockets to securely hold breast forms and shapers in place

Theraport



MEDIUM COMPRESSION

- Secures and supports the breast and wound site

COLOURS



FEATURES

- Kind to skin
- Supports the operated area
- Medium compression
- Broad straps and underbust band to improve lymphatic drainage
- Integrated pockets for breast forms and shapers

Overview

Image	Product name	Item No. / Colour	Category	Sizes	Features	Material composition	Medical device number
POST-OP BRAS							
	Leyla	44605 white 44604 rose nude 44606 black	★★★ premium	70/75–120/125 Cup: Universal	• Light compression • Seamless sewn-in securing ring around the pre-formed cup to secure the breast without applying pressure • Prewashed and ready for use in a clinical setting	49 % polyamide 43 % cotton 8 % elastane	05.11.04.1019
	Sina	45007 white 45006 rose nude 45008 black	★★★ premium	70/75–120/125 Cup: Universal	• Medium compression • Seamless, sewn-in cups secure the operated breast, applying even pressure across the whole cup area • Prewashed and ready for use in a clinical setting	98 % polyamide 2 % elastane	05.11.04.1022
	Pamela	45010 white 45009 rose nude 45011 black	★★★ premium	70/75–120/125 Cup: Universal	• High compression • Seamless, sewn-in cups secure the operated breast, applying even pressure across the whole cup area • Prewashed and ready for use in a clinical setting	98 % polyamide 2 % elastane	05.11.04.1021
POST-OP BRAS WITH A HIGH COTTON CONTENT							
	Compression belt	0776N white 0789N black	★★★ premium	65–125	• Developed for optimal post-op care. Holds the operated breast in place to prevent the implant from moving during the healing process • Velcro strip in the centre of the back panel to aid attachment to compression bras from the CuraSupport Compression product range	50 % polyamide 21 % elastane 18 % polyester 11 % cotton	05.11.04.0027
	Sarah	0778 white 0779 black	★★★ advanced	75–105 A, B, C, D, E Hook and eye fasteners: 7 rows: 75 A 8 rows: 80–85 A; 75–80 B; 75 C 9 rows: 90–95 A; 85–90 B; 80–85 C; 75–80 D; 75 E 10 rows: 100–105 A; 95–100 B; 90–95 C; 85–90 D; 80–85 E 11 rows: 105 B; 100–105 C; 95–100 D; 90–95 E 12 rows: 105 D; 100–105 E	• Pre-formed cup and flat seams prevent skin irritation • Double-layered material in the front section with a high cotton content for additional support	82 % cotton 11 % elastane 5 % polyester 2 % polyamide	05.11.04.1003
	Theraport	2161 white	★★★ advanced	S: 65–75 A; 65–70 B; 65 C; M: 80–90 A; 75–85 B; 70–80 C; 65–75 D; 65–70 E; 65 F L: 95–105 A; 90–100 B; 85–95C; 80–90 D; 75–85 E; 70–80 F; 65–75 G, H XL: 110–120 A; 105–115 B; 100–110 C; 95–105 D; 90–100 E; 85–95 F; 80–90 G; 80–85 H 2XL: 125–130 A; 120–130 B; 115–125 C; 110–120 D; 105–115 E; 100–110 F; 95–105 G; 90–100 H	• Soft cotton bra with velcro front fastener, specially designed for wear after various types of breast surgery. Ideal for partial breast radiotherapy (e.g. brachytherapy) • Grey inserts that can be easily cut at the sides to accommodate the patient's drainage tubes • Seamless underbust band ensures optimal comfort and can hold a pocket for a drainage pouch	81 % cotton 12 % polyamide 7 % elastane	–

See page 31 for sizing chart.

EXPERT TIP

Suitable for use straight after surgery in the operating theatre.

Our post-op compression bras (Leyla, Sina, and Pamela) are delivered prewashed and vacuum packed. The product will not remain sterile if the packaging is opened before surgery.

FITTING TIP

Guaranteed to fit with seamless post-op compression bras

No need to try Leyla, Sina, and Pamela compression bras beforehand. Thanks to our innovative measurement system, the underbust measurement is enough to determine which size is required. The universal cups fully enclose the breast, thanks to the special processing technology used to make them.

CARE INSTRUCTIONS

CuraSupport Compression bras are designed to be worn 24 hours a day and only removed for daily hygiene purposes. In order to ensure constant, effective compression throughout the care period, compression garments should be washed on a daily basis. Patients should be advised to keep a spare garment for this reason. These are available on prescription to cover the hygiene requirements outlined above. The prescription of medical devices does not have to be covered by medical professionals’ budgets.



CURASUPPORT COMFORT

Comfort bras and camisoles

Our comfort bras and camisoles are the ideal companion for patients in the post-op phase and on their journey back to everyday life. They are designed to offer additional comfort and be easy to use.

After the wound healing phase (6-8 weeks after the operation), the skin and fresh scar tissue are still extremely sensitive. This is one of the reasons why it is often not possible for patients to opt for special bra garments straight away.

3 reasons to choose our comfort bras

- 1. Wide straps and soft closures that don't cut into the skin ensure maximum comfort
- 2. Front closure makes it easy for patients with restricted movement to put the bra on and take it off.
- 3. Integrated pockets keep breast forms and shapers securely in place.

Emilia



COLOURS



FEATURES

- Functional materials that are kind to the skin
- Front closure
- Complete freedom of movement
- Integrated pockets for breast forms and shapers

Overview

Image	Product name	Item No. / Colour	Category	Sizes	Features	Material composition
	Emilia	45013 white 45012 rose nude 45014 black	★★★ advanced	70/75–120/125 Cups: Universal	- Perfect fit and optimal comfort thanks to seamless circular knit technology - Breathable insert on each side and along the underbust area for a pleasant feel against the skin	69 % cotton 25 % polyamide 6 % elastane
	Hannah Soft Bra	2160 white	★★★ advanced	XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105); Cups: A/B; C/D Hook and eye fasteners: 4 rows: XS(A/B); S(A/B); M(A/B); XS(C/D) 5 rows: L(A/B); XL(A/B); S(C/D); M(C/D); L(C/D); XL(C/D)	- Comfort bra with high cotton content - Feminine lace edges - Removable drainage tubes that can be attached to the underbust band.*	85 % cotton 15 % elastane
	Michelle	2105 white	★★★ advanced	XS (32/34); S (36/38); M (40/42); L (44/46); XL (48/50); 2XL (52/54)	- Comfort camisole with a high cotton content - Stretchy, elastic neckline makes it easy to put on (by stepping into it) - Removable drainage tubes that can be attached to the underbust band.*	82 % cotton 18 % elastane
	Clara Soft Bra Front Closure	44743 rose nude	★★★ basic	S, M, L, XL Hook and eye fasteners: 5 rows: S, M 6 rows: L, XL	- Comfort straps for optimal weight distribution - Seamless knit technology for optimal comfort	78 % viscose (bamboo fibres) 17 % polyamide 5 % elastane
	Frances Soft Bra	2128 white 2128 nude 2128 black	★★★ basic	XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105); 2XL (110/115) Cups: A/B; C/D; E/F Hook and eye fasteners: 4 rows: XS (A/B,C/D); S (A/B); M (A/B) 5 rows: XS (E/F); S (C/D, E/F); M (C/D, E/F); L (A/B, C/D) 6 rows: L (E/F); XL (E/F) 7 rows: 2XL (E/F)	- Comfort bra with a very high cotton content - Cotton absorbs moisture, keeping the skin nice and dry	90 % cotton 10 % elastane
	Fleur Soft Bra	44672 white 44671 nude	★★★ basic	XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105); 2XL (110/115) Cup: A/B; C/D; E/F Hook and eye fasteners: 4 rows: XS(A/B,C/D); S(A/B); M (A/B) 5 rows: XS (E/F); S (C/D, E/F); M (C/D, E/F); L (A/B, C/D) 6 rows: L (E/F); XL (E/F) 7 rows: 2XL (E/F)	- Comfort straps for optimal weight distribution - Adjustable, elastic straps - Cotton absorbs moisture, keeping the skin nice and dry	90 % cotton 10 % elastane
	Sandra Soft Bra	0622 white	★★★ basic	S (70 A); M (75 A/B); L (80 B); XL (85 B/C); 2XL (90 B/C); 3XL (95 C); 4XL (100 C/D) Hook and eye fasteners: 5 rows: S, M 6 rows: L 7 rows: XL, 2XL 8 rows: 3XL, 4XL	- Feminine stretchy lace design - Includes Cotton padding for filling each of the cotton pockets as desired	50 % polyamide 45 % cotton 5 % elastane
CURASUPPORT ACCESSORIES						
	Removable drainage pouch	2107 white	★★★ basic	S (approx. 15x18cm) L (approx. 20x20cm)	- With velcro fastening to keep the bags securely in place - Standard format and size to fit any drainage system	95 % cotton 5 % elastane
	Priform	216 nude	★★★ basic	1/2, 3/4, 5/6, 7/8, 9/10, 11/12, 13/14	- Very soft fabric for temporary use after surgery, filled with light cotton padding for adapting the volume as desired - Soft cotton material on the back for optimal comfort	Front: 86 % polyamide 14 % elastane Back: 100 % cotton
	Priform	214 nude	★★★ basic	1/2, 3/4, 5/6, 7/8, 9/10, 11/12, 13/14	- Very soft fabric for temporary use after surgery, filled with light cotton padding for adapting the volume as desired - Soft cotton material on the back for optimal comfort	Front: 100 % polyamide Back: 100 % cotton

See page 87 for sizing chart.

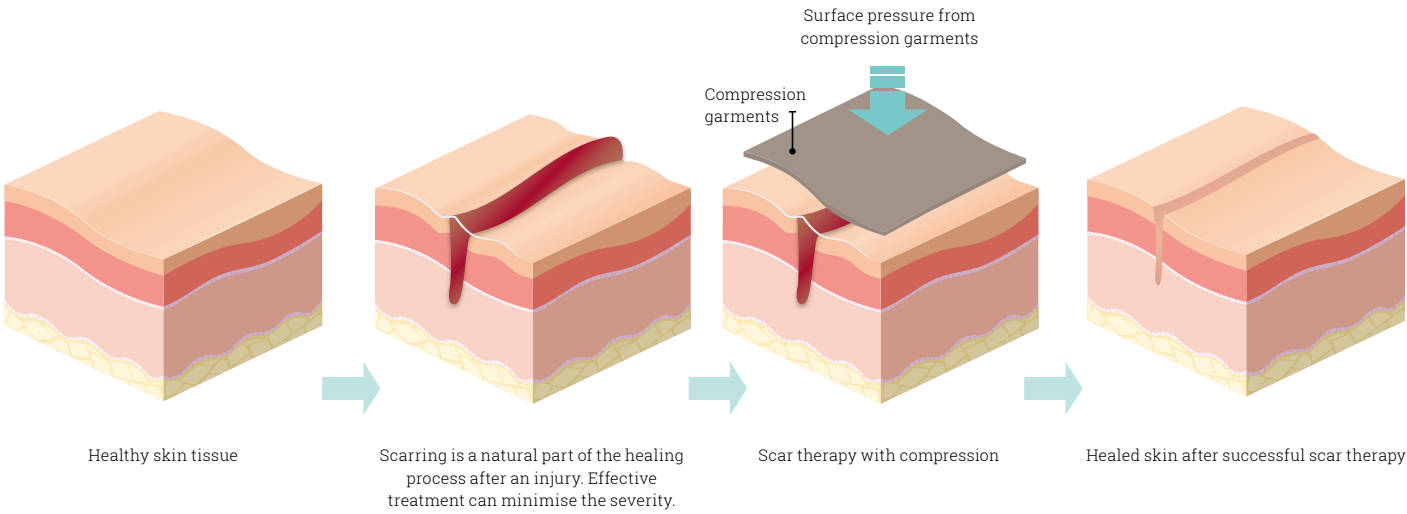
CURASCAR GARMENTS

Scar compression therapy

Our CuraScar garments are ideal for women who have undergone breast reconstruction using autologus tissue. The risk of excessive scarring at the site where tissue has been removed is significantly minimized by using a scar compression garment. Compression garments are used as part of a conservative therapeutic approach in scar therapy. When used early in the treatment phase, CuraScar garments can support the wound healing process and help to ensure a successful surgical outcome.

Compression in scar therapy

Compression in scar therapy involves applying pressure at a therapeutically effective level on the closed wound area. Even pressure applied to the surface of the wound reduces blood flow to the scar area and increases the elasticity of the tissue. As a result, the scarring appears flatter and fainter.



WHY CHOOSE CURASCAR GARMENTS?

1. Prompt availability and precise sizing
2. High quality workmanship with no troublesome seams thanks to innovative bonding technologies that support lymphatic flow.
3. Material can easily be cut for drainage tubes to pass through.
4. Breathable materials that are kind to skin and ensure maximum comfort and are therefore likely to be used consistently for the duration of treatment.
5. Apply medically effective pressure (20-23mmHg) to support the scar healing process.

COLOURS



FEATURES

- Side zips make the garment easy to put on and take off

Overview

Image	Product name	Item No. / Colour	Category	Sizes	Features	Material composition	Medical device number
	Belly Bandage Abdominal compression bandage (approx. 20-23mmHg)	45004 nude 45005 black	★★★ advanced	S/M-2XL/3XL	• Applies medically effective pressure to the abdomen area to aid the scarring and wound healing processes until the scar is completely healed • Three closures (height: 24cm) enable easy opening and closure and provide the perfect fit for the patient's body	Nude: 56 % polyamide 42 % elastane 2 % cotton Black: 33 % polyamide 31 % elastane 29 % polyester 7 % cotton	17.11.01.0004
	Panty Scar compression brief (approx. 20-23 mmHg)	45000 nude 45001 black	★★★ advanced	XS-2XL	• Applies medically effective pressure to the abdomen and legs to aid the scarring and wound healing processes until the scar is completely healed	56 % polyamide 42 % elastane 2 % cotton	17.11.01.0005
	Bermuda Long scar compression Panty (approx. 20-23 mmHg) for abdomen and legs	45002 nude 45003 black	★★★ advanced	XS-2XL	• Applies medically effective pressure to the abdomen and legs to aid the scarring and wound healing processes until the scar is completely healed • Three closures (height: 24cm) enable easy opening and closure and provide the perfect fit for the patient's body	56 % polyamide 42 % elastane 2 % cotton	17.06.06.0006

See page 31 for sizing chart.

EXPERT TIP

Compression and silicone are considered the gold standard in scar therapy, which is why we recommend combining all of our CuraScar garments with a corresponding product from our CuraScar silicones range. Please see the following page for more information on our CuraScar silicone range.

FURTHER INDICATIONS

CuraScar garments are specially designed for use on tissue removal sites during the course of autologous breast reconstruction. They can also be used in numerous types of interventions for reconstruction and aesthetic surgery (e.g. skin tightening) to stabilise the area operated on and reduce scarring and aid the healing process.

CARE INSTRUCTIONS

CuraScar garments are designed to be worn 24 hours a day and only removed for daily hygiene purposes. In order to ensure constant, effective compression throughout the care period, compression garments should be washed on a daily basis. Patients should be advised to keep a spare garment for this reason. These are available on prescription to cover the hygiene requirements outlined above. The prescription of medical devices does not have to be covered by medical professionals' budgets.

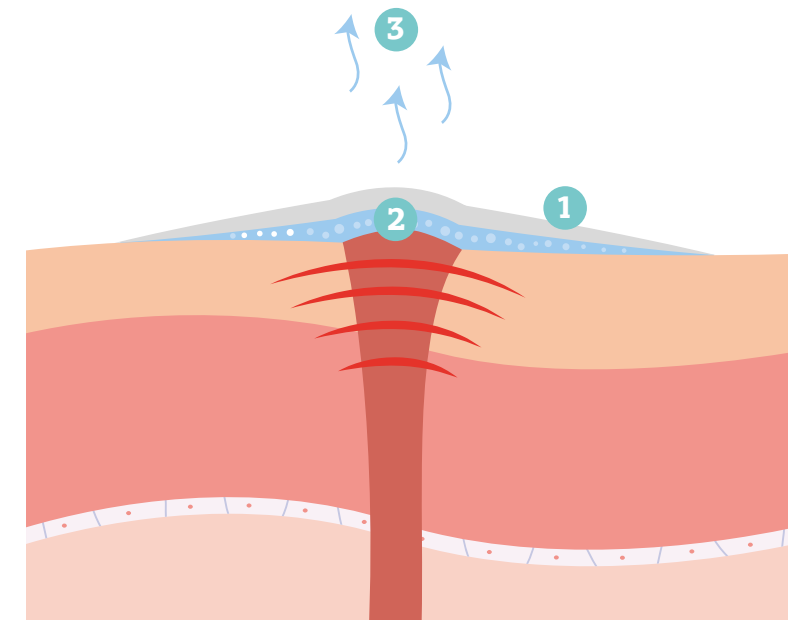
CURASCAR SILICONE

Scar compression therapy with silicone

Our CuraScar silicones are ideal for the treatment of scars following a surgical procedure as the use of silicone pads and compression significantly minimises the risk of excessive scarring in the wound area. Curascar silicones are used as part of a conservative/non-invasive therapeutic approach in scar therapy. When applied early on in the treatment phase (after wound closure), CuraScar silicones aid the scarring and wound healing processes and create optimal healing conditions for the skin.

Silicone in scar therapy

Silicone reduces water loss in the upper layer of the skin. A moist environment creates the ideal conditions for scarring, making the scar smoother and reducing itching. Our breathable silicone pads also guarantee sufficient oxygen exchange.



Impact

- 1. **Silicone layer**
e.g. CuraScar Silicone
- 2. **Reduces water loss**
Keeps the scar area moist
- 3. **Breathable**
Oxygen can enter and exit

WHY CHOOSE CURASCAR SILICONE?

- 1. Breathable and highly elastic silicone that adapts perfectly to the body's contours
- 2. Completely self-adhesive
- 3. Reusable up to 12 weeks

FEATURES

- Can be cut to size individually
- Available with additional cover strips for better storage after cleaning

Overview

Image	Product name	Item No. / Colour	Category	Sizes	Features	Material composition	Medical device number
	Strips	010 Clear	★★★ advanced	Measurements: 260 x 35 mm 1 pack contains: 4 pcs	• long, narrow silicone strips in a handy set of 4	Polydimethylsiloxane, polyurethane, Polyethylene protective cover strips	–
	Strips	010 Clear	★★★ advanced	Measurements: 260 x 35 mm 1 pack contains: 1 pcs	• long, narrow silicone strips sold individually	Polydimethylsiloxane, polyurethane, Polyethylene protective cover strips	–
	Squares	011 Clear	★★★ advanced	Measurements: 260 x 100 mm 1 pack contains: 2 pcs	• long, broad silicone strips for complete coverage of larger scarring areas	Polydimethylsiloxane, polyurethane, Polyethylene protective cover strips	–
	Mamilla circle	012 Clear	★★★ advanced	Measurements: interior Ø : 20 mm outer Ø : 75 mm 1 pack contains: 2 pcs	• Silicone strips for scarring in the breast area (nipples)	Polydimethylsiloxane, polyurethane, Polyethylene protective cover strips	–
	Anchors	013 Clear	★★★ advanced	Measurements: 230 x 145 mm 1 pack contains: 2 pcs	• Silicone strips for scarring in the breast area (e.g. following a mastopexy)	Polydimethylsiloxane, polyurethane, Polyethylene protective cover strips	–

EXPERT TIP

Silicone and compression are considered the gold standard in scar therapy. Therefore you should recommend combining the corresponding product from our CuraScar garment range for each CuraScar silicones product. Please see the CuraScar Garments page for more information.

CLEANING INSTRUCTIONS

We recommend using Amoena Soft Cleanser on CuraScar silicones on a daily basis.



VIDEO TUTORIAL

MEASURING TIPS

CuraSupport Compression

The underbust measurement is the only thing required to determine which size is required for our compression bras. There is no need to measure the chest circumference with our universal cup sizes, which can be individually adapted to the size required thanks to the flexible material.

CuraSupport Comfort

For more measuring tips, see page 86.

CuraScar Garments

- Ask the patient to undress. She can keep her underwear on if it makes her more comfortable.
- Ask the patient to stand up straight, avoid tensing her stomach, and breathe normally.
- Make sure the measuring tape is in a horizontal position. The tape must not twist or slip.
- When measuring, make sure the measuring tape isn't too tight or too loose against the skin.
- Write down all the measurements you have taken directly onto the dimension sheet and measure again.
- The measuring sheet is available from Amoena upon request.

Left/right leg

/

cm

Waist circumference

/

cm

Hip circumference

/

cm

Thigh circumference
(mid-thigh)

/

cm

Calf circumference
(mid-thigh)

cT

cH

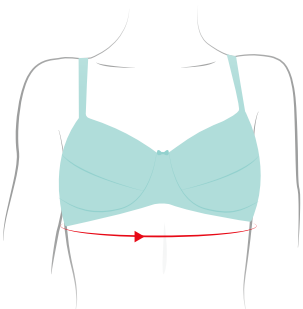
cF

cC

SIZE CHART

CuraSupport Compression (seamless)

Size	[cm]
	Underbust circumference
70/75	68 – 77
80/85	78 – 87
90/95	88 – 97
100/105	98 – 107
110/115	108 – 117
120/125	118 – 127



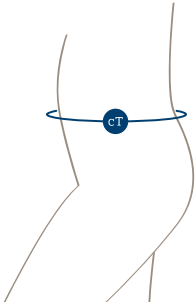
CuraSupport Comfort

For sizing, see page. 86 (lingerie size chart)

CuraSupport Garments

Belly bandage 3-VE

Size	[cm]
	cT
S/M	63 – 76
L/XL	77 – 94
2XL/3XL	95 – 112
Height compression bandage: 24 cm	

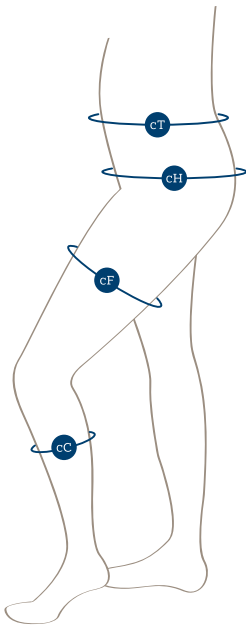


Panty 2-ZIP-BO

Size	[cm]	
	cT	cH
XS	61 – 66	86 – 91
S	66 – 71	91 – 97
M	71 – 76	97 – 102
L	76 – 81	102 – 107
XL	81 – 89	107 – 114
2XL	89 – 99	114 – 124

Bermuda 2-ZIP-BO long

Size	[cm]			
	cT	cH	cF	cC
XS	61 – 66	86 – 91	48 – 51	26 – 29
S	66 – 71	91 – 97	51 – 54	29 – 32
M	71 – 76	97 – 102	54 – 57	32 – 35
L	76 – 81	102 – 107	57 – 60	35 – 38
XL	81 – 89	107 – 114	60 – 65	38 – 41
2XL	89 – 99	114 – 124	65 – 70	41 – 44





BREAST CARE APPAREL 32

CARE CONCEPT	35
PORTFOLIO OVERVIEW	36
EXCLUSIVES AMOENA SPECIAL GARMENTS	38
MATERIALS	40
LINGERIE	42
ELEGANT	42
CLASSIC	44
SEAMLESS	46
HIGH CUT	50
ACTIVE	52
WELLNESS	54
ACTIVE	56
ELEGANT	56
CLASSIC	58
ACTIVE	60

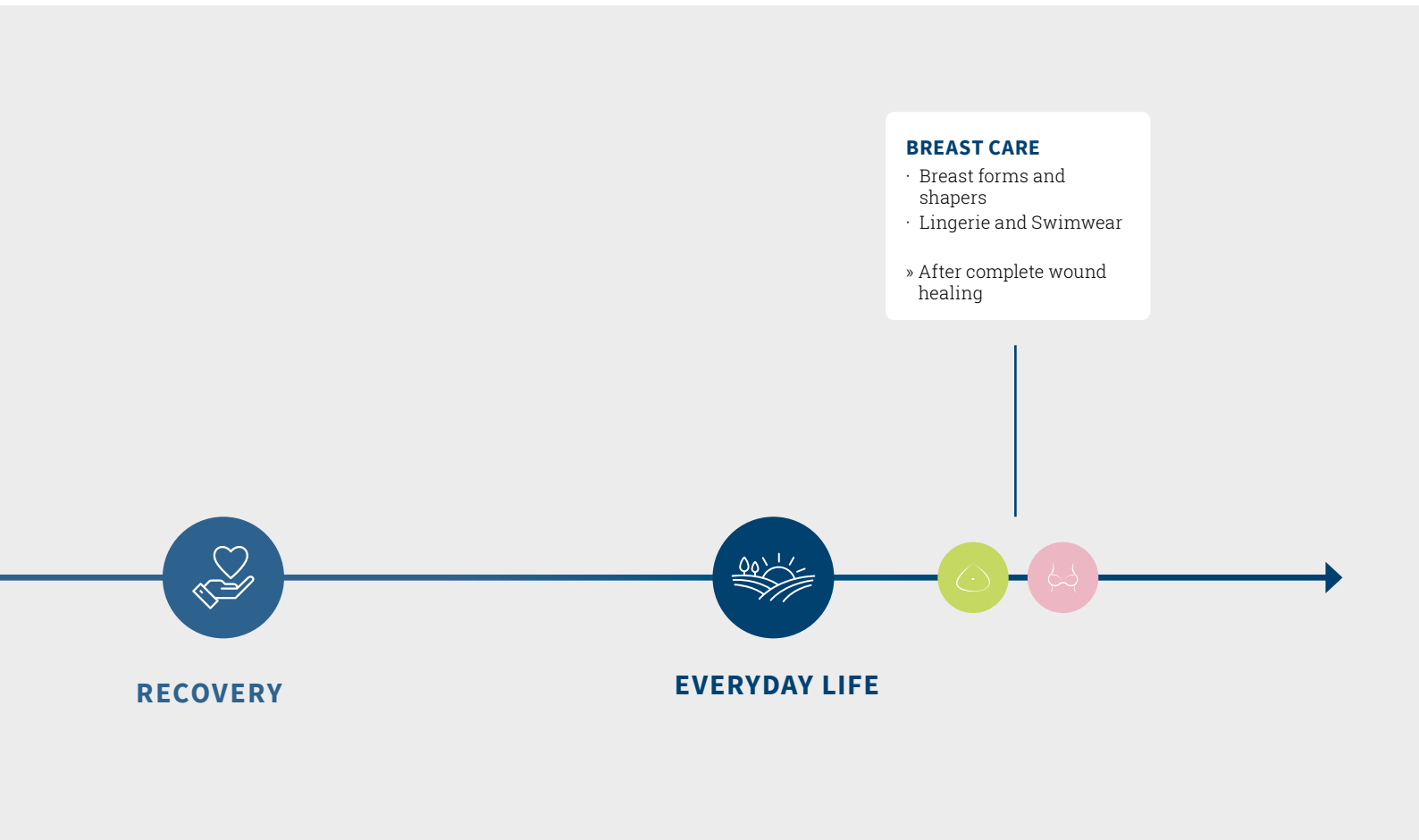


**WHERE EVERYDAY LIFE
CONTINUES**

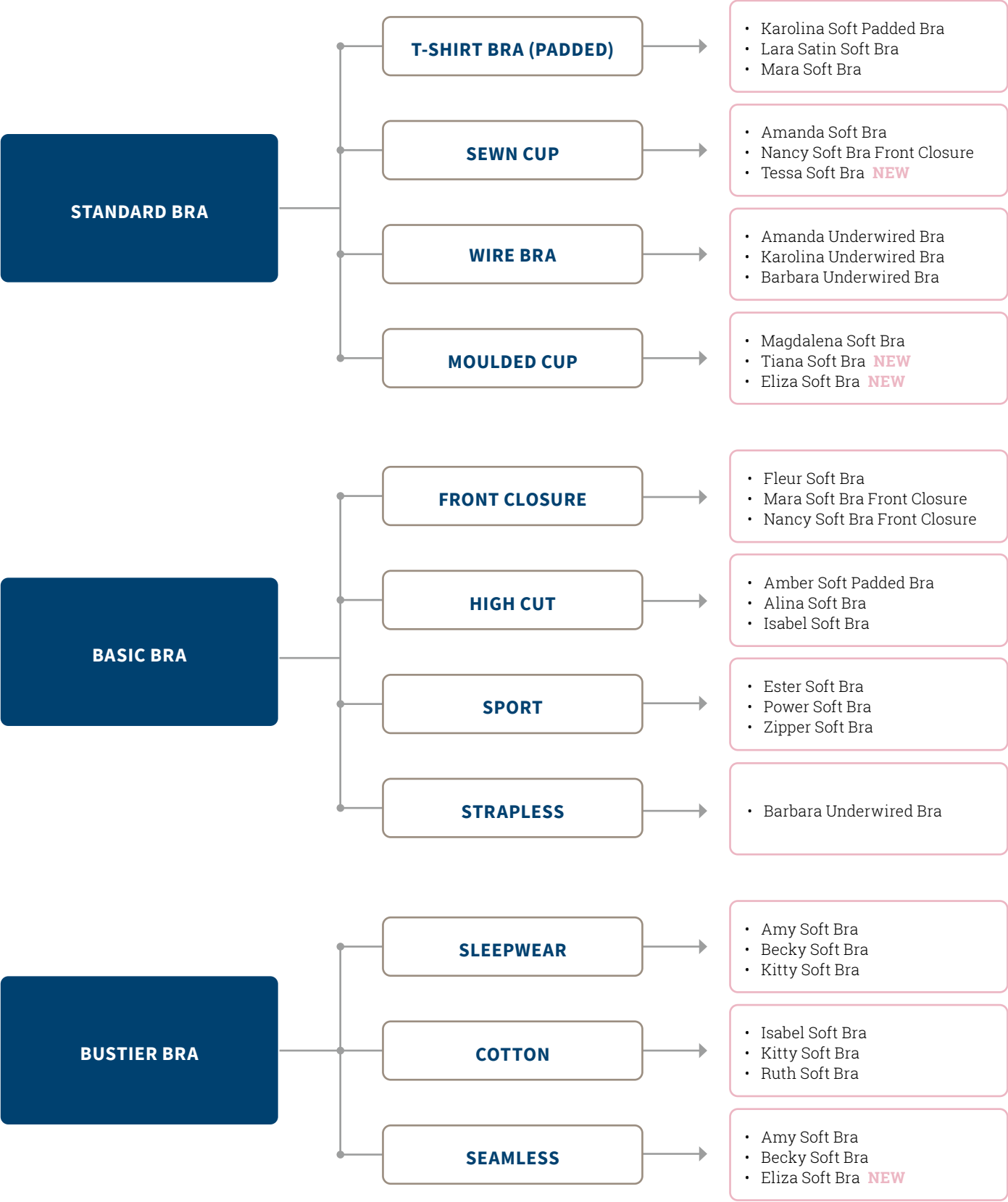
BREAST CARE APPAREL

Our special garments are tailored to the individual needs of women who have had breast surgery. After breast surgery, a bra becomes more than just a piece of clothing – it becomes an active part of a woman's personal healthcare regime. As well as providing optimal comfort, all of our products feature integrated invisible pockets on the inside. As essential accessories for breast forms, they are classified as a class 1 medical device and are CE certified. This product range has been developed for the specific requirements of women who have undergone breast surgery.

We use innovative materials and processing techniques in order to create a perfect look. We combine function and style, while ensuring a perfect fit in accordance with the highest quality standards.



BREAST CARE APPAREL CARE CONCEPT



BREAST CARE APPAREL OVERVIEW



EXCLUSIVES

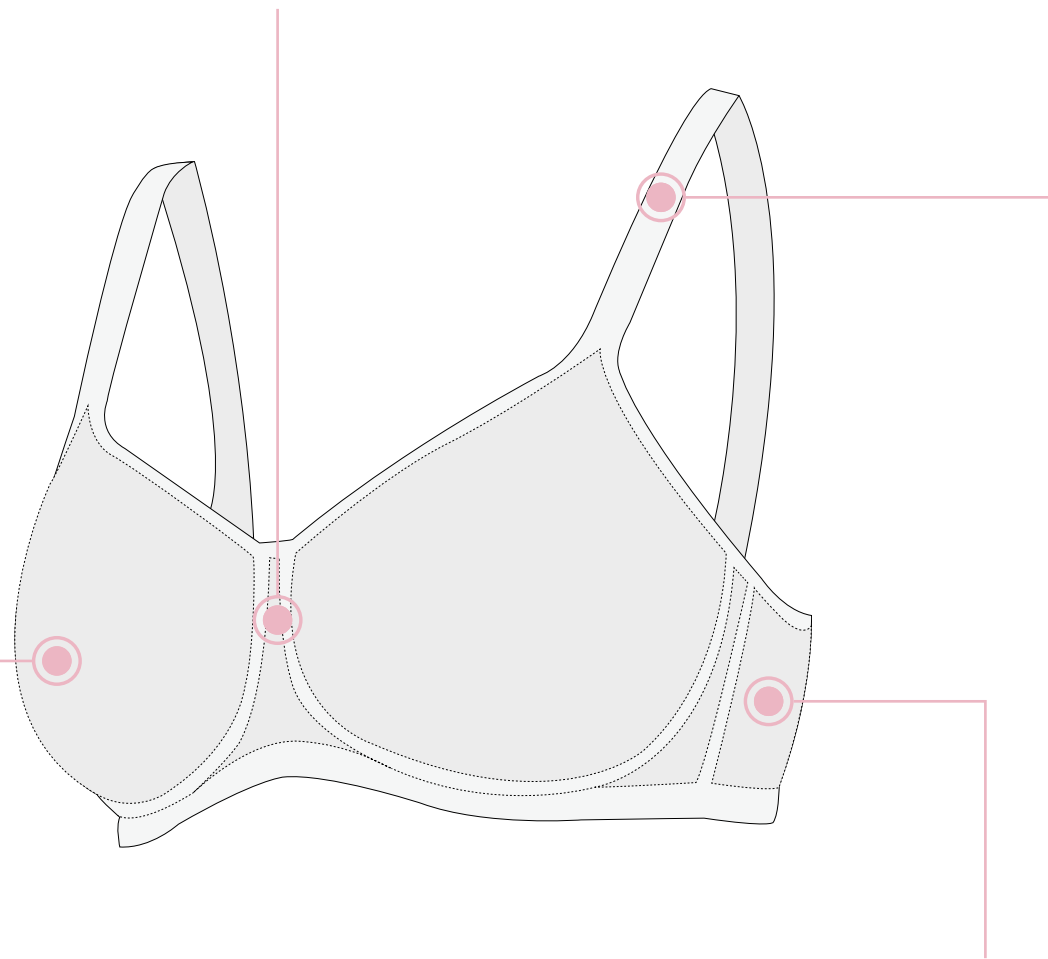
AMOENA SPECIAL GARMENTS

Soft, adjustable closures

- Increased coverage for bigger sizes
- Lightly padded hook and eye fastening for more comfort
- We also offer designs with a front closure for patients with restricted mobility in the shoulder area

Comfortable, adjustable straps

- Support breast forms and provide relief for the shoulders and neck
- Individually adjustable; larger sizes also have a larger width

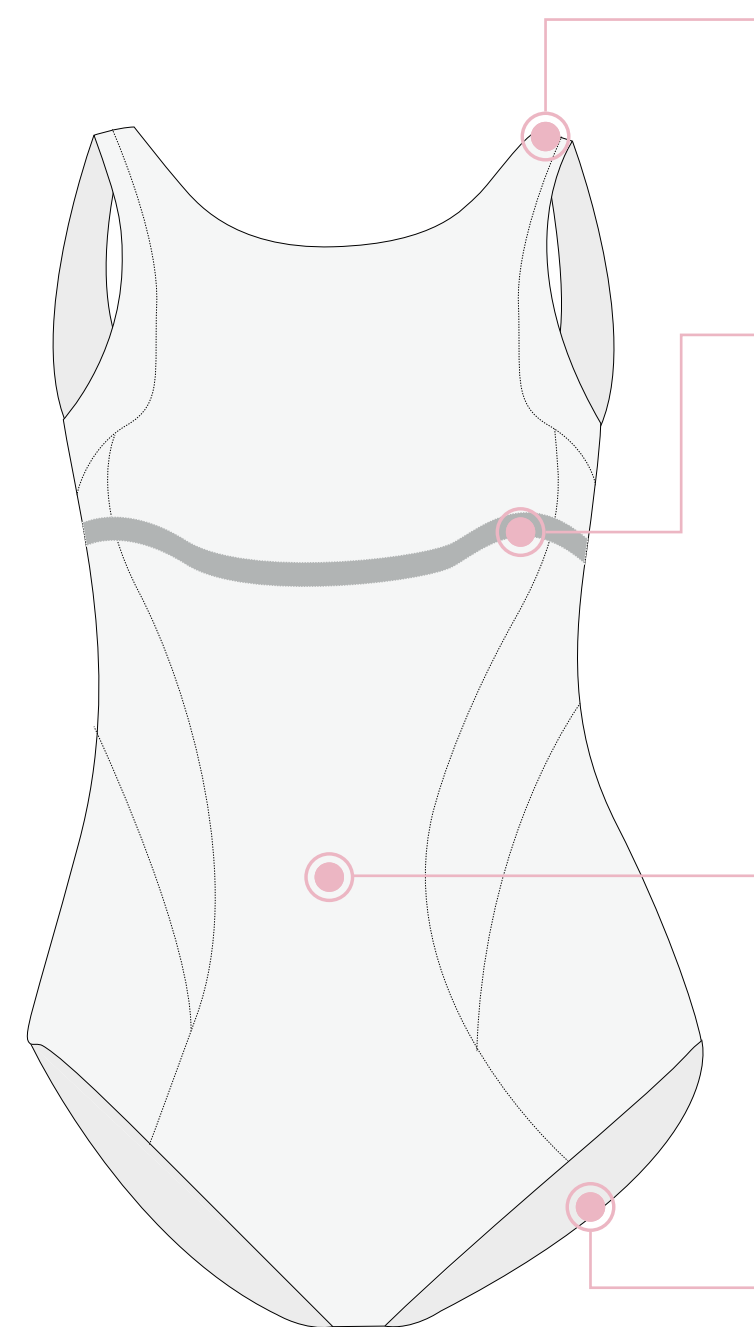


Cups provide the perfect fit with invisible pockets on both sides

- Pockets/cups fit perfectly with Amoena breast forms and shapers, helping to conceal any unevenness
- Pockets made from high-quality materials with numerous features for maximum comfort
- Elasticated edges along the décolleté for additional security

High cut side panels and supportive, anatomically shaped underbust band

- Highly secure, very soft, optimal comfort
- Cover any visible skin irritation, scars or unevenness
- Most designs have a wider underbust band to ensure breast forms and shapers remain firmly in place
- Certain designs have inbuilt support on each side (lightly padded or include flexible wiring) for additional lateral support



Comfortable, adjustable straps

- Support breast forms and provide relief for the shoulders and neck
- Individually adjustable and increase in width for bigger sizes

Specially integrated structures

- Integrated bustier with light padding to cover up unevenness; invisible, integrated pockets on each side
- Features the Amoena Wave Seam, a special curved lateral seam on the underband that supports Amoena breast forms, shapers and Aqua Wave breast forms
- The pocket has a side opening to prevent any forms or shapers from falling out when swimming

High-quality, functional materials

- Stretchy material that doesn't go see-through, even when wet
- Recycled materials as part of our commitment to sustainability
- Technical materials with high UV protection (min. LSF 30+) chlorine-resistant, Xtra Life Lycra

Various types of fit for neckline, back and legs

- Subtle, flattering cuts suitable for all age groups and figures
- Selection of different shaping effects: low, medium, and high
- Adjustable décolleté for an individual look
- Additional material along the closure to adjust the underbust width to bikini tops



VIDEO

MATERIALS

Our special bras and swimwear are made with only the highest quality materials.



Organic cotton

- Cotton constitutes around 50 % of all textile fibres for clothing worldwide
- It requires up to 91 % less water
- Controlled ecological cultivation without the use of chemical or synthetic fertilizers or pesticides



TENCEL

- TENCEL™ is made from wood grown under controlled, sustainable forestry conditions
- It is made through an innovative, closed manufacturing process
- TENCEL™ fibres are very soft and breathable



Econyl®

- ECONYL® is a regenerated polyamide fibre that can be endlessly recycled
- It is also very environmentally friendly: Waste from the ocean, as well as discarded textiles and carpets, are all reused in the production of ECONYL®



VITA

- It is a sustainable material made from ECONYL® polyamide thread and Lycra® Xtra Life™ elastic thread
- It offers excellent UV protection up to SPF 50+, it's breathable and twice as resistant to chlorine, sun creams and oils
- Amazingly soft, it offers a two-way stretch for a perfect fit



Bamboo

- Bamboo is an amazing renewable resource
- It is an environmentally friendly material thanks to its lower water consumption, fast regrowth and pesticide-free cultivation



Lycra® Xtra Life™

- Elastic fibres ensure a long-lasting fit and shape retention
- It is up to 10 times more resistant to the harmful effects of sun lotion, oil, heat and chlorine than unprotected elastane



Darwin

- Polyester material which provides an excellent UV protection up to SPF 50+
- Amazingly soft, it offers a two-way stretch for a perfect fit
- It allows your skin to breath for a more comfortable feel
- It is chlorine resistant and offers exceptional durability



Coolmax®

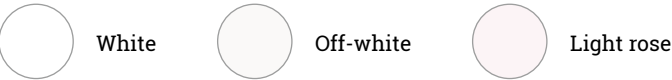
- Quick-drying COOLMAX® technology wicks moisture away from the body
- This special polyester allows the skin to breath offering a more comfortable feel
- Ensures a long-lasting fit and shape retention

ELEGANT

This feminine lingerie adorned with pretty lace, looks great and is comfortable too.



COLOURS



FEATURES

- Eye-catching styles featuring plenty of lace
- Customisable styles that can be personalised
- Comfortable and adjustable with elastic straps
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 105 G

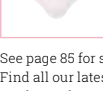
BRA FEATURES



POCKET FEATURES



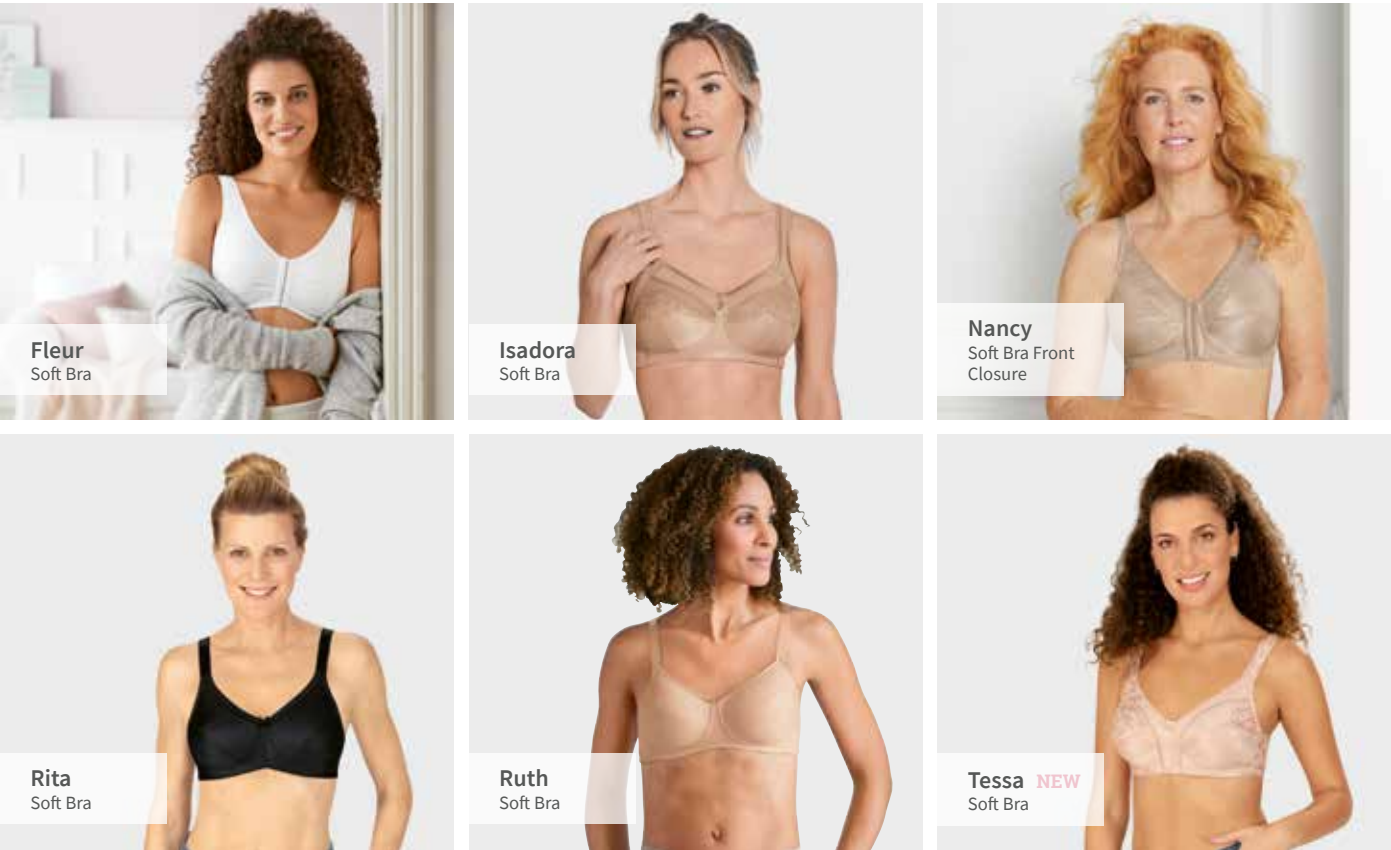
Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons
	Alina Soft Bra (formerly Amoena Céline Soft Bra)	44509 light rose/grey	★★★ premium	75–95 A, B, C, D 2 rows: 75–95 A; 75–90 B; 75–85 C; 75–80 D 3 rows: 95 B; 90–95 C; 85–95 D	• Adjustable for two wearing options: higher cut to conceal any skin irritation and scarring, or lower cut for a more open décolleté	80 % polyamide 14 % elastane 6 % polyester	   2 4
	Alina Panty (formerly Amoena Céline Panty)	44512 light rose/grey	★★★ premium	36–46	• No visible lines under clothing thanks to soft, flat hems around the leg • Comfortable, soft crotch area lined with cotton	65 % polyamide 24 % elastane 11 % cotton	
	Amanda Soft Bra	44536 white	★★★ premium	75–110 A, B, C, D, E, F; 80–105 G 2 rows: 75–85 A; 75–80 B; 75 C 3 rows: 90–110 A; 85–110 B; 80–105 C; 75–100 D; 75–95 E; 75–90 F; 80–85 G 4 rows: 110 C; 105–110 D; 100–110 E; 95–110 F; 90–105 G	• 3-part cup construction specially developed for larger sizes • Lightly padded comfort front straps for maximum comfort	73 % polyamide 17 % elastane 5 % polyester 5 % polyurethane	   2 4
	Amanda Soft Bra Bustier	44537 white	★★★ premium	75–95 A, B, C, D 2 rows: 75–85 A; 75–80 B; 75 C 3 rows: 90–95 A; 85–95 B; 80–95 C; 75–95 D	• Lower cut for women who wear shapers	78 % polyamide 19 % elastane 3 % polyester	 4
	Amanda Underwired Bra	44538 white	★★★ premium	75–110 A, B, C, D, E, F; 80–105 G 2 rows: 75–85 A; 75–80 B; 75 C 3 rows: 90–110 A; 85–110 B; 80–105 C; 75–100 D; 75–95 E; 75–90 F; 80–85 G 4 rows: 110 C; 105–110 D; 100–110 E; 95–110 F; 90–105 G	• Three-part cup construction provides optimal support even for larger sizes	73 % polyamide 20 % elastane 7 % polyester	   2 4
	Amanda Panty	44539 white	★★★ premium	36–54	• No visible lines under clothing thanks to soft, flat hems around the leg • Comfortable, soft crotch area lined with cotton	75 % polyamide 11 % elastane 8 % cotton 6 % polyester	
	Aurelie Soft Bra	44153 off-white*	★★★ premium	70–100 A, B, C, D, E; 75–95 F 2 rows: 70–85 A; 70–80 B; 70–75 C; 70 D 3 rows: 90–100 A; 85–100 B; 80–100 C; 75–100 D; 70–100 E; 75–95 F	• Pockets made from breathable, temperature-regulating microfibre material	67 % polyamide 25 % elastane 8 % polyester	   2 4
	Aurelie Underwired Bra	44154 off-white*	★★★ premium	70–100 A, B, C, D, E 75–95 F 2 rows: 70–85 A; 70–80 B; 70–75 C; 70 D 3 rows: 90–100 A; 85–100 B; 80–100 C; 75–100 D; 70–100 E; 75–95 F	• Pockets made from breathable, temperature-regulating microfibre material	67 % polyamide 24 % elastane 9 % polyester	  2 4
	Aurelie Padded Bra	44155 off-white*	★★★ premium	70–100 AA, A, B, C, D, E 2 rows: 70–90 AA; 70–85 A; 70–80 B; 70–75 C; 70 D 3 rows: 95–105 AA; 90–100 A; 85–100 B; 80–100 C; 75–100 D; 70–100 E	• Moulded pockets	46 % polyamide 37 % polyester 17 % elastane	  1 4
	Aurelie Panty	44156 off-white*	★★★ premium	36–50	• Comfortable, soft crotch area lined with cotton	55 % polyamide 26 % elastane 11 % cotton 8 % polyester	
	Karolina Soft Bra	44505 white/light nude	★★★ premium	70–95 A, B, C, D, E 2 rows: 70–95 A; 70–90 B; 70–85 C; 70–80 D; 70–75 E 3 rows: 95 B; 90–95 C; 85–95 D; 80–95 E	• Pockets made from breathable, temperature-regulating microfibre material	75 % polyamide 20 % elastane 5 % viscose	  2 4
	Karolina Padded Bra	44506 white/light nude	★★★ premium	70–95 AA, A, B, C, D, E 2 rows: 70–95 AA, A; 70–90 B; 70–85 C; 70–80 D; 70–75 E 3 rows: 95 B; 90–95 C; 85–95 D; 80–95 E	• Pre-formed padded cups cover any unevenness and skin irritation	55 % polyamide 27 % polyester 14 % elastane 4 % viscose	  2 4
	Karolina Underwired Bra	44507 white/light nude	★★★ premium	70–95 A, B, C, D, E 2 rows: 70–95 A; 70–90 B; 70–85 C; 70–80 D; 70–75 E 3 rows: 95 B; 90–95 C; 85–95 D; 80–95 E	• Pockets made from breathable, temperature-regulating microfibre material	77 % polyamide 20 % elastane 3 % viscose	   2 4
	Karolina Panty	44508 white/light nude	★★★ premium	36–46	• Comfortable, soft crotch area lined with cotton	70 % polyamide 18 % elastane 10 % cotton 2 % viscose	

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last

CLASSIC

Lingerie that combines function with timeless design for everyday use – the perfect companion for every occasion



COLOURS



FEATURES

- Functional features such as a front closure and wide, padded and adjustable comfort straps provide relief for the neck and shoulders
- Functional materials: very skin friendly cotton and breathable Coolmax®
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 115 G

BRA FEATURES



POCKET FEATURES



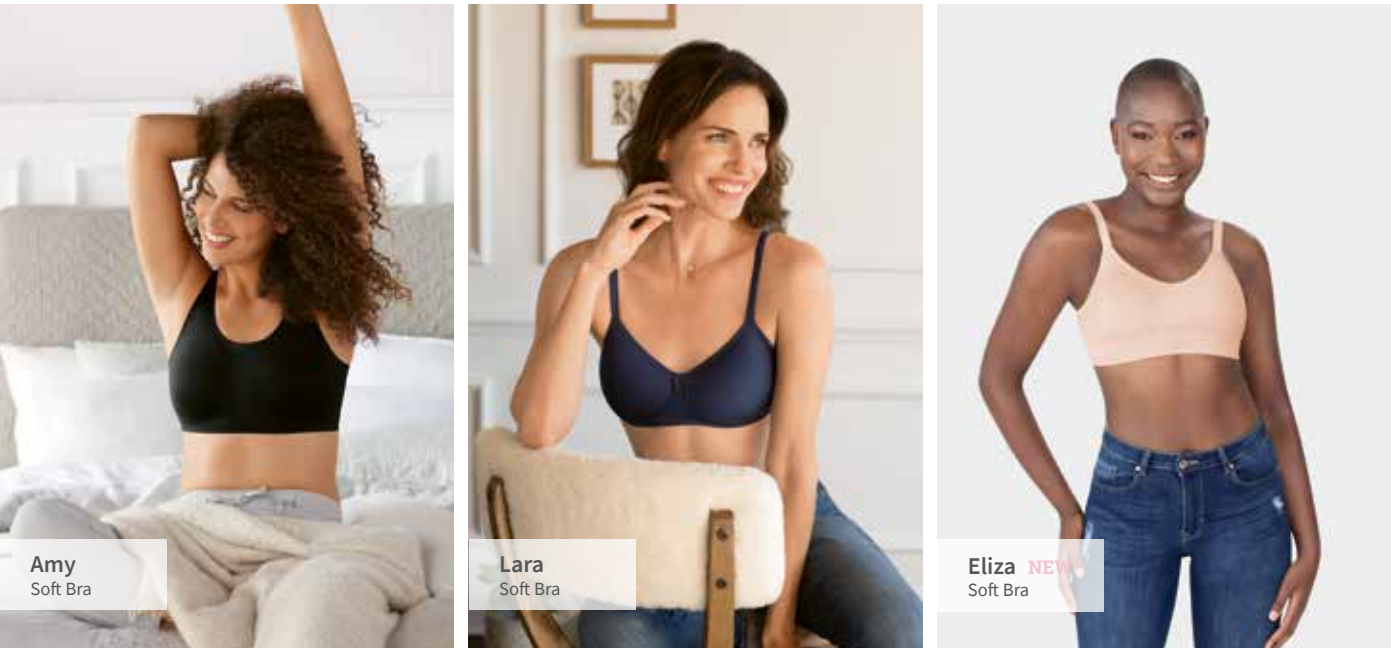
Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons
	Fleur Soft Bra	44672 white 44671 nude 44695 grey melange	★ ★ ★ basic	XS, S, M, L, XL, 2XL Cup: A/B, C/D, E/F 4 rows: XS–M (A/B); XS (C/D) 5 rows: L–2XL (A/B); S–2XL (C/D), XS–M (E/F) 6 rows: L–XL (E/F) 7 rows: 2XL (E/F)	• Bra with front closure and padded comfort straps • Ultra-soft cotton material ideal for sensitive skin • For optimal support and security, we recommend the Amoena Leisure Form for this bra (see page 82)	90 % cotton 10 % elastane	    2 5
	Frances Soft Bra	2128 white nude blue/white* light blue/aqua* black	★ ★ ★ basic	XS, S, M, L, XL, 2XL Cups: A/B, C/D, E/F 4 rows: XS–M (A/B); XS (C/D) 5 rows: L–2XL (A/B); S–2XL (C/D), XS–M (E/F) 6 rows: L–XL (E/F) 7 rows: 2XL (E/F)	• Bra with front closure • Ultra-soft cotton material ideal for sensitive skin • Broad back support relieves strain on the back and ensures optimal comfort	90 % cotton 10 % elastane	   2 5
	Isadora Soft Bra	0947 white 44804 rose nude 0948 nude 44114 black	★ ★ ★ advanced	75–115 A; 70–110 B, C, D; 70–100 E, F, G 2 rows: 75–90 A; 70–90 B, C; 70–85 D 3 rows: 95–115 A; 95–110 B; 95–105 C; 90–100 D; 70–95 E; 70–90 F; 70–85 G 4 rows: 110 C; 105–110 D; 100 E; 95–100 F; 90–100 G	• Cup construction with lateral support specially developed for larger sizes • Ultra-soft breathable cotton pockets ideal for sensitive skin	44 % polyamide 29 % polyester 14 % elastane 13 % cotton	   2 5
	Jasmin Soft Bra	0900N white 44233 black*	★ ★ ★ premium	70–90 AA, A, B; 75–90 C 2 rows: 70–90 AA, A, B; 75–90 C	• Cotton lace detail with stretch, making the bra quite light and comfortable • Ultra-soft breathable cotton pockets ideal for sensitive skin	68 % cotton 18 % polyamide 7 % elastane 7 % polyester	   2 5 7
	Nancy Soft Bra	44480 white 1151 light nude 44807 rose nude 44417 dark blue 44024 dark grey	★ ★ ★ advanced	70–100 B; 75–120 C, D; 75–115 E, F, G 2 rows: 70–80 B; 75 C 3 rows: 85–95 B; 80–90 C; 75–85 D; 75–80 E; 75 F 4 rows: 100 B; 95–120 C; 90–120 D; 85–115 E; 80–115 F; 75–115 G	• Pre-formed pockets made from breathable, temperature-regulating COOLMAX® material	38 % polyester 31 % polyamide 22 % polyester (COOLMAX®) 9 % elastane	  2 6
	Nancy Soft Bra Front Closure	44739 light nude 44808 rose nude 44740 dark grey	★ ★ ★ advanced	70–100 B; 75–120 C, D; 75–115 E, F, G Front: 5 rows: 70 B; 85 B; 80 C; 75 D 6 rows: 75–80 B; 90 B; 75 C; 85 C; 80 D 7 rows: 95–100 B; 90–95 C; 105–110 C; 85–90 D; 100–105 D; 120 D; 75–80 E; 90–95 E; 110–115 E; 75–80 F; 95–100 F; 75 G; 90–95 G 8 rows: 100 C; 95 D; 85 E 9 rows: 115–120 C; 110–115 D; 100–105 E; 85–90 F; 110–115 F; 80–85 G; 105–110 G 10 rows: 105 F; 100 G 11 rows: 115 G Back: 2 rows: 70–80 B; 75 C 3 rows: 85–95 B; 80–90 C; 75–85 D; 75–80 E; 75 F 4 rows: 100 B; 95–120 C; 90–120 D; 85–115 E; 80–115 F; 75–115 G	• Based on our best-selling Nancy Soft Bra with additional front closure • Pre-formed pockets made from breathable, temperature-regulating COOLMAX® material	38 % polyester 31 % polyamide 22 % polyester (COOLMAX®) 9 % elastane	  2 6
	Nora Soft Bra	0555N white 44232 nougat*	★ ★ ★ premium	75–100 A, B, C, D 2 rows: 75–85 A, B, C, D 3 rows: 90–100 A, B, C, D	• Cup construction with lateral support specially developed for larger sizes • Ultra-soft breathable cotton pockets ideal for sensitive skin	48 % cotton 44 % polyamide 8 % elastane	    2 5
	Rita Soft Bra	2004 white nude black	★ ★ ★ basic	75–100 A, B, C; 75–105 D; 80–105 E 2 rows: 75–100 A; 75–85 B; 75–80 C 3 rows: 90–100 B; 85–100 C; 75–85 D; 80–85 E 4 rows: 90–105 D, E	• Pockets made from breathable, temperature-regulating material	77 % polyester 19 % polyamide 4 % elastane	  2
	Ruth Soft Bra	0873 white 0872 nude	★ ★ ★ basic	70–105 AA, A, B; 70–100 C; 70–95 D, E; 70–90 F 2 rows: 70–105 AA; 70–100 A; 70–95 B; 70–90 C; 70–85 D 3 rows: 105 A; 100–105 B; 95–100 C; 90–95 D; 70–95 E; 70–90 F	• High ultra-soft cotton component ideal for sensitive skin (including pockets)	100 % cotton	   2 5
	Tessa Soft Bra NEW	44801 rose nude	★ ★ ★ basic	70–105 A, B, C, D, E, F	• Cup construction specially developed for larger sizes • Ultra-soft, breathable pockets made from a cotton mix, ideal for sensitive skin	96 % polyester 4 % elastane	   2 5

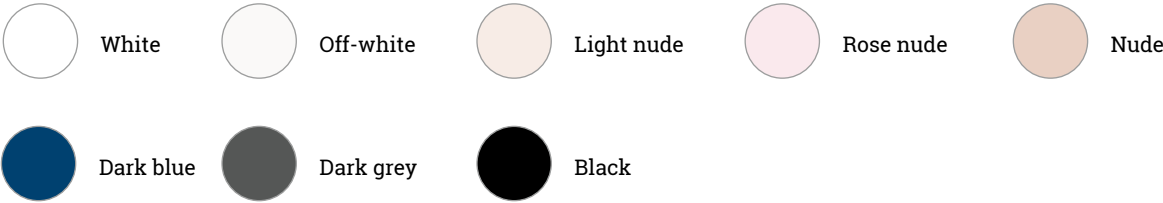
See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos
*while stocks last

SEAMLESS

Lingerie T-shirt bras with seamless sewn-in cups ensure the bra is virtually invisible under clothing.



COLOURS



FEATURES

- Smart sizing: Innovative materials and technologies provide the perfect support for fluctuations in size and cover intermediate sizes
- Functional materials: very skin friendly (organic) cotton and breathable COOLMAX®
- Choose between models with or without straps for ultimate comfort
- Pre-formed padded cups cover any unevenness and skin irritation
- Partially adjustable, wide straps provide relief for the shoulders and neck
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 110 F / 95 G

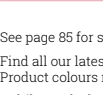
BRA FEATURES



POCKET FEATURES



Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons
	Amy Soft Bra	44310 rose nude 44311 black	★ ★ ★ basic	S, M, L, XL	• Special manufacturing technology (bonding) without seams or closures for optimal comfort • Broad back support to provide relief • Entire bra made from breathable, temperature-regulating microfibre materials • Ideal for sleeping	72 % polyester 28 % elastane	  1 4
	Barbara Underwired Bra Padded	0457 nude	★ ★ ★ advanced	70–90 A, B, C; 70–85 D 3 rows: 70–90 A, B, C; 70–85 D	• Perfect support for pairing with strapless garments • Various ways to wear the straps: strapless, halterneck, crossover, or classic; comes with additional transparent silicone straps • Silicone band on upper edge of the cup for a secure hold and to prevent slipping	72 % polyamide 14 % polyester 14 % elastane	  1 4
	Becky Soft Bra	44676 off white 44677 rose nude	★ ★ ★ basic	S, M, L, XL, 2XL	• High ultra-soft organic cotton component ideal for sensitive skin • Special manufacturing knit technology without seams or closures for optimal comfort • Broad back support to provide relief • Ideal for sleeping	60 % organic cotton 32 % polyamide 8 % elastane	   1 5
	Eliza Soft Bra NEW	44802 rose nude 44803 black	★ ★ ★ basic	S, M, L, XL	• Special manufacturing knit technology without seams or closures for optimal comfort • Special knit structure that creates a gentle massaging effect (including pockets) • Light, soft padding that can be removed as required	93 % polyamide 7 % elastane	  1 7
	Kitty Soft Bra	44607 rose nude 44674 magenta*	★ ★ ★ basic	S, M, L, XL, 2XL	• High cotton component ideal for sensitive skin • Special manufacturing knit technology without seams or closures for optimal comfort • Broad back support to provide relief • Ideal for sleeping • Light, soft padding that can be removed as required	69 % cotton 25 % polyamide 6 % elastane	   1 5
	Kitty Top	44736 rose nude	★ ★ ★ advanced	S, M, L, XL, 2XL	• Based on the Kitty Soft Bra, designed to be worn as a top • High cotton component ideal for sensitive skin • Special manufacturing knit technology without seams or closures for optimal comfort • Ideal for sleeping	69 % cotton 25 % polyamide 6 % elastane	   1 5
	Lara Padded Bra	0752 off white 0674 nude* 0675 black	★ ★ ★ advanced	75–90 AA; 70–100 A, B, C, D, E 2 rows: 75–90 AA; 70–100 A, B, C, D, E	• Pre-formed padded cups cover any unevenness and skin irritation • Pre-formed pockets made from breathable, temperature-regulating microfibre material	84 % polyamide 16 % elastane	  1 4
	Lara Cotton Padded Bra	44673 nude	★ ★ ★ advanced	75–90 AA; 70–100 A, B, C, D, E 2 rows: 75–90 AA; 70–100 A, B, C, D, E	• High in ultra-soft organic cotton, ideal for sensitive skin (including pre-formed pockets) • Pre-formed padded cups cover any unevenness and skin irritation	91 % organic cotton 9 % elastane	   1 5
	Lara Satin Padded Bra	44214 nude 44212 black	★ ★ ★ advanced	70–100 AA, A, B, C, D, E 2 rows: 70–100 AA, A, B, C, D, E	• Pre-formed padded cups cover any unevenness and skin irritation • Pre-formed pockets made from breathable, temperature-regulating microfibre material	74 % polyamide 15 % elastane 11 % polyester	  1 4
	Lee Soft Bra	44540 white*	★ ★ ★ advanced	75–95 A, B, C, D; 75–90 E 2 rows: 75–90 A; 75–85 B; 75–80 C; 75 D 3 rows: 95 A; 90–95 B; 85–95 C; 80–95 D; 75–90 E	• High ultra-soft cotton component ideal for sensitive skin (including moulded pockets)	90 % cotton 7 % polyamide 2 % elastane 1 % polyester	   1 5

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last

Tiana **NEW**
Soft Bra



Barbara
Underwired bra

Kitty
Top



Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons
	Magdalena Soft Bra	0463 nude	★ ★ ★ premium	75–110 B, C, D, E, F 4 rows: 75–95 B; 75–90 C; 75–85 D; 75–80 E; 75 F 5 rows: 100–110 B; 95–110 C; 90–110 D; 85–110 E; 80–110 F	- Special bonding manufacturing technology without seams for optimal comfort - High-cut back section covers any unevenness - Pre-formed pockets made from breathable, temperature-regulating microfibre material	54 % polyamide 24 % elastane 22 % polyester	1 4
	Magdalena Padded Bra	44533 nude*	★ ★ ★ premium	70–95 AA, A, B, C, D 4 rows: 70–95 AA, A, B; 70–90 C; 70–85 D 5 rows: 95 C; 90–95 D	- Special bonding manufacturing technology without seams for optimal comfort - High-cut back section covers any unevenness - Pre-formed pockets made from breathable, temperature-regulating microfibre material	41 % polyester 36 % polyamide 23 % elastane	1 4
	Mara Soft Bra	44534 off white 1150 light nude 44805 rose nude 44416 dark blue 44023 dark grey	★ ★ ★ advanced	70–105 AA, A, B, C, D; 70–100 E,F; 75–95 G 3 rows: 70–75 AA; 70 A 4 rows: 80–90 AA; 75–85 A; 70–80 B; 70–75 C; 70 D 5 rows: 95–100 AA; 90–100 A; 85–100 B; 80–95 C; 75–90 D; 70–85 E 6 rows: 100 C; 95–100 D; 90–100 E	Moulded pockets made from breathable, temperature-regulating COOLMAX® material	83 % polyamide 11 % elastane 6 % polyester (COOLMAX®)	1 6
	Mara Soft Bra Front Closure	44741 light nude 44806 rose nude 44742 dark grey	★ ★ ★ advanced	70–105 AA, A, B, C, D; 70–100 E,F; 75–95 G Front: 3 rows: 70–75 AA; 70A 4 rows: 80–90 AA; 75–85 A; 70–80 B; 70–75 C; 70 D 5 rows: 95–100 AA; 90–100 A; 85–100 B; 80–95 C; 75–90 D; 70–85 E 6 rows: 100 C; 95–100 D; 90–100 E Back: 2 rows: 70–90 AA; 70–85 A; 70–80 B; 70–75 C; 70 D 3 rows: 95–100 AA; 90–100 A; 85–100 B; 80–100 C; 75–100 D; 70–100 E	- Based on our best-selling Mara Soft Bra with additional Front Closure - Pre-formed pockets made from breathable, temperature-regulating COOLMAX® material	83 % polyamide 11 % elastane 6 % polyester (COOLMAX®)	1 6
	Mira Soft Bra	44610 light taupe	★ ★ ★ premium	70–95 AA, A, B; 75–90 C, D; 75–85 E 2 rows: 70–90 AA, A; 70–85 B; 75–80 C, D, E 3 rows: 95 AA, A; 90–95 B; 85–90 C, D; 85 E	- Enforced sides for more support - Pre-formed pockets made from breathable, temperature-regulating microfibre material	79 % polyamide 21 % elastane	1 4
	Mona Soft Bra	0606 white 0568 champagne 0614 cognac 0591 black	★ ★ ★ premium	70–95 AA, A, B; 75–90 C, D; 75–85 E 2 rows: 70–90 AA, A; 70–85 B; 75–80 C, D, E 3 rows: 95 AA, A; 90–95 B; 85–90 C, D; 85 E	Pre-formed pockets made from breathable, temperature-regulating microfibre material	79 % polyamide 21 % elastane	1 4
	Tanya Soft Bra	44678 nude* 44679 black*	★ ★ ★ basic	70–95 A, B, C, D 2 rows: 70–90 A; 70–85 B; 70–80 C; 70–75 D 3 rows: 95A; 90–95 B; 85–95 C; 80–95 D	High ultra-soft cotton component ideal for sensitive skin (including moulded pockets)	69 % cotton 18 % polyamide 13 % elastane	1 5
	Tiana Soft Bra NEW	44809 nude	★ ★ ★ premium	70–105 AA, A, B, C, D, E, F	- Follow-up version of the Dianna Soft Bra - Pre-formed pockets made from breathable, temperature-regulating material	75 % polyamide 25 % elastane	1 4

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last

HIGH CUT

Camisole-style bras with decorative lace along the décolleté to cover high scarring



COLOURS



FEATURES

- High neckline with delicate lace inserts to cover high scarring or radiotherapy burns
- Broad padded and adjustable comfort straps to provide relief for the shoulders and back
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 95 E/F

BRA FEATURES



POCKET FEATURES



Overview

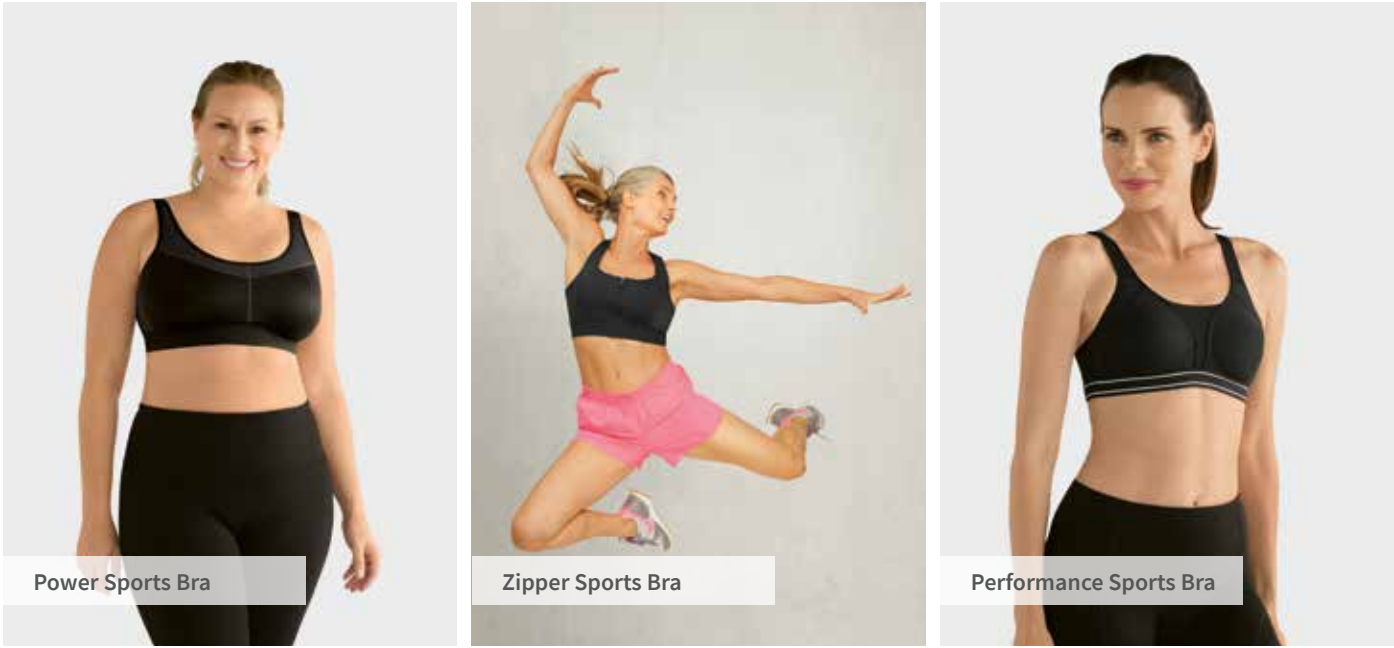
Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons
	Amber Padded Bra	44259 black	★ ★ ★ premium	70–95 AA, A, B, C, D, E 2 rows: 70–95 AA, A; 70–90 B; 70–85 C; 70–80 D; 70–75 E 3 rows: 95 B; 90–95 C; 85–95 D; 80–95 E	• Pre-formed pockets made from breathable, temperature-regulating microfibre material	79 % polyamide 21 % elastane	  1 4
	Amber Top	44268 white* 44261 black*	★ ★ ★ basic	75–95 A/B, C/D, E/F	• This lace insert can transform almost any bra into a top • Easy to use: simply pull over bra and clip the top onto the bra straps • Completely covers any skin irritation or scars	76 % polyamide 24 % elastane	
	Dana Soft Bra	0862 white* 0750 black*	★ ★ ★ advanced	70–90 AA; 70–100 A, B, C; 75–95 D, E 2 rows: 70–90 AA, 70–85 A; 70–80 B, C; 75 D 3 rows: 90–100 A; 85–100 B, C; 80–95 D; 75–95 E	• Cup construction with lateral support specially developed for larger sizes • Pre-formed pockets made from breathable, temperature-regulating microfibre material	87 % polyamide 13 % elastane	   1 4
	Isabel Soft Bra	2118 white black	★ ★ ★ basic	70–85 AA; 70–100 A; 70–105 B, C 70–95 D; 75–95 E 2 rows: 70–85 AA; 70–100 A; 70–90 B, C 3 rows: 95–105 B, C; 70–90 D; 75–85 E 4 rows: 95 D; 90–95 E	• Ultra-soft breathable cotton pockets ideal for sensitive skin • Cups with lateral support, specially designed for larger sizes for an even better fit	40 % polyamide 32 % cotton 18 % polyester 6 % elastane 4 % LYCRA®	  2 5

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos
*while stocks last



ACTIVE

Designed for playing sport with functional, breathable materials for optimal support and comfort.



COLOURS



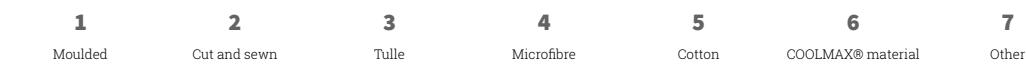
FEATURES

- Good coverage and broad underbust band ensure optimal support
- Functional materials and breathable mesh inserts ensure better moisture absorption and temperature regulation
- Pockets made primarily from breathable, temperature-regulating microfibre materials
- Broad padded and adjustable comfort straps to provide relief for the shoulders and back
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 95 E

BRA FEATURES



POCKET FEATURES



Overview

Image	Product name	Item No. Colour	Price category	Sizes	Support level	Features	Material composition	Icons
	Ester Soft Bra	42576 white 42577 black/grey	★★★ advanced	70–100 A, B, C, D; 80–95 E 7 rows: 70–85 A, 70–80 B, 70–75 C, 70 D 8 rows: 90–100 A, 85–95 B, 80–90 C, 75–85 D, 75–80 E 10 rows: 100 B, 95–100 C, 90–100 D, 85–95 E	 Medium	• Front closure makes it easy to put the bra on and take it off	83 % polyamide 17 % elastane	1 4
	Performance Sports Bra	0654 white* 0658 black*	★★★ advanced	70–95 AA, A, B, C, D, E 3 rows: 70–95 AA, A, B, C, D, E	 Light	• seamless pre-formed cups and pockets • Breathable mesh inserts in the centre of the front panel, as well as on the back and sides, for better moisture regulation	85 % polyamide 15 % elastane	1 4
	Power Sports Bra	1152 black/grey	★★★ advanced	70–95 AA, A, B, C, D, E 3 rows: 70–95 AA, A, B, C, D, E	 Medium	• seamless pre-formed cups and pockets • Cups designed to provide additional lateral support • Breathable mesh inserts on the front and back for better moisture regulation • Pre-formed pockets	84 % polyamide 16 % elastane	1 6
	Zipper Bra Medium Support	44070 black	★★★ advanced	S, M, L, XL	 Medium	• Racer-back high-cut sports bra • with front closure • Hidden hook closure beneath the zipper on the inside for additional support	82 % polyamide 18 % elastane	2 4

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last



WELLNESS

Cozy, comfortable styles that provide support day and night – the perfect choice to help you feel good any time.



Valletta Top / Valletta Tall



Valletta Top / Valletta Tall

COLOURS

White

Nude

Charcoal melange

Black

FEATURES

- Very soft modal (Tencel) material offers comfort during both day and night
- Built-in bra with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms, shapers and Aqua Wave breast forms
- Adjustable double spaghetti straps
- Wide range of sizes up to 54

BRA FEATURES

Underwired bra

Soft Bra

Cut and sewn cups

Cut and sewn foam cups

Moulded cups

Moulded foam cups

Comfort straps

Side bones

High cotton content

POCKET FEATURES

1

Moulded

2

Cut and sewn

3

Tulle

4

Microfibre

5

Cotton

6

COOLMAX® material

7

Other

Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons
	Valletta Top	70230 white 44075 nude 44076 charcoal melange 70229 black	★★★ advanced	36–54		90 % modal 10 % elastane	
	Valletta Tall	71512 white 71426 black	★★★ premium	36–54	• Longer version of our Valletta Top	90 % modal 10 % elastane	

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last



ELEGANT

Swimwear in sophisticated, fashionable styles and eye-catching colours.



Alabama
Tankini

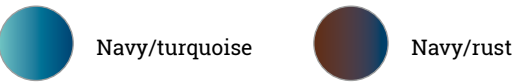


Rome
One-piece



Alabama
Half Bodice

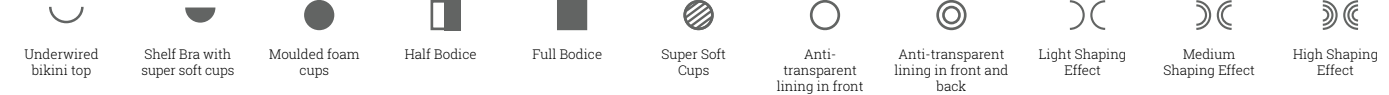
COLOURS



FEATURES

- Sustainable, high-quality materials such as LYCRA® XTRA LIFE™ ensure lasting fit and optimal chlorine resistance
- Supportive bustier with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms, shapers and Aqua Wave breast forms
- Adjustable straps provide relief for the back and neck
- Wide range of sizes up to 54 E

FEATURES



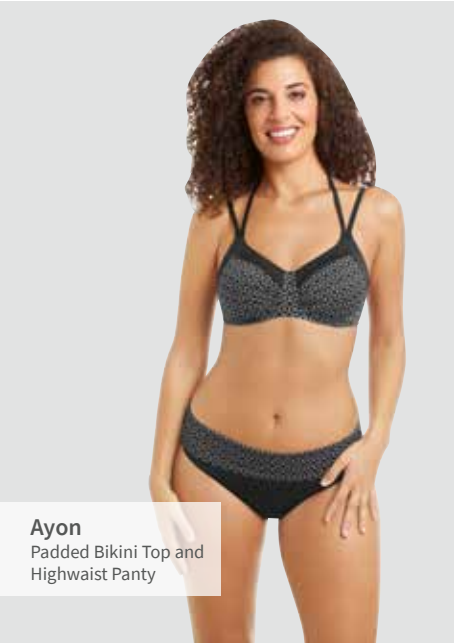
Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons	Shaping Effect
	Alabama Half Bodice	71514 navy/rust	★★★ advanced	38 – 54 B, C; 40 – 54 D, E	• Medium shaping effect thanks to additional anti-transparent lining in front • Adjustable for two wearing options: higher cut to conceal any skin irritation and scarring, or lower cut for a more open décolleté	80 % polyamide 20 % elastane		
	Alabama High Cut Half Bodice	71326 navy/rust	★★★ advanced	38 – 54 B, C; 38 – 52 D	• Medium shaping effect thanks to additional anti-transparent lining in front • High cut with mesh insert to conceal any high scarring	80 % polyamide 20 % elastane		
	Alabama Tankini	71513 navy/rust	★★★ advanced	38 – 50 B, C	• Flattering A-line cut	80 % polyamide 20 % elastane		–
	Alabama Highwaist Panty	71332 navy/rust	★★★ advanced	38 – 50		80 % polyamide 20 % elastane		–
	Rome One-Piece	71379 navy/turquoise	★★★ advanced	36 – 46 B 38 – 46 C	• Light shaping effect • Recycled VITA fabric provides excellent UV protection (30+). Highly resistant to chlorine, sun cream and pilling resistance	78 % polyamide 22 % elastane		

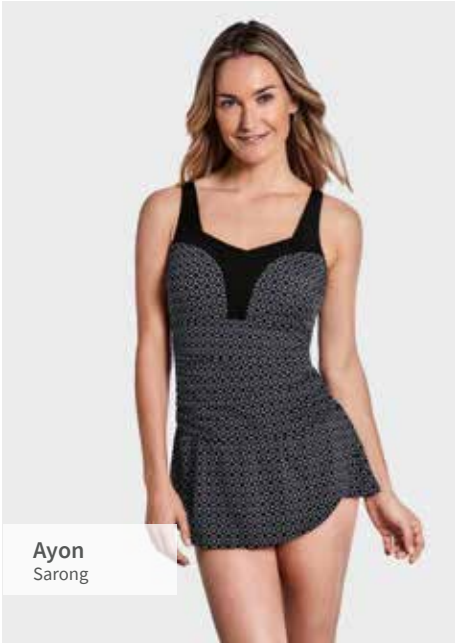
See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last

CLASSIC

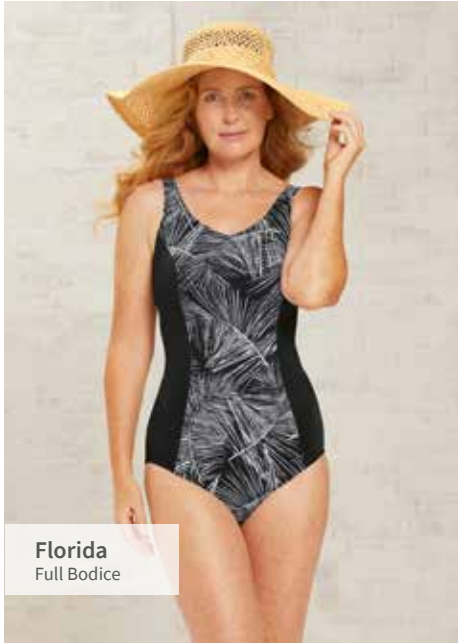
Swimwear in a wide range of elegant prints and cuts for optimal comfort



Ayon
Padded Bikini Top and
Highwaist Panty



Ayon
Sarong



Florida
Full Bodice

COLOURS



FEATURES

- Classic black and white prints, suitable for all occasions and figures
- Sustainable, high-quality materials such as LYCRA® XTRA LIFE™ ensure lasting fit and optimal chlorine resistance
- Supportive bustiers with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms, shapers and Aqua Wave breast forms
- Adjustable, wide straps provide relief for the shoulders and neck
- Wide range of sizes up to 54 E

FEATURES

Underwired bikini top

Shelf Bra with super soft cups

Moulded foam cups

Half Bodice

Full Bodice

Super Soft Cups

Anti-transparent lining in front

Anti-transparent lining in front and back

Light Shaping Effect

Medium Shaping Effect

High Shaping Effect

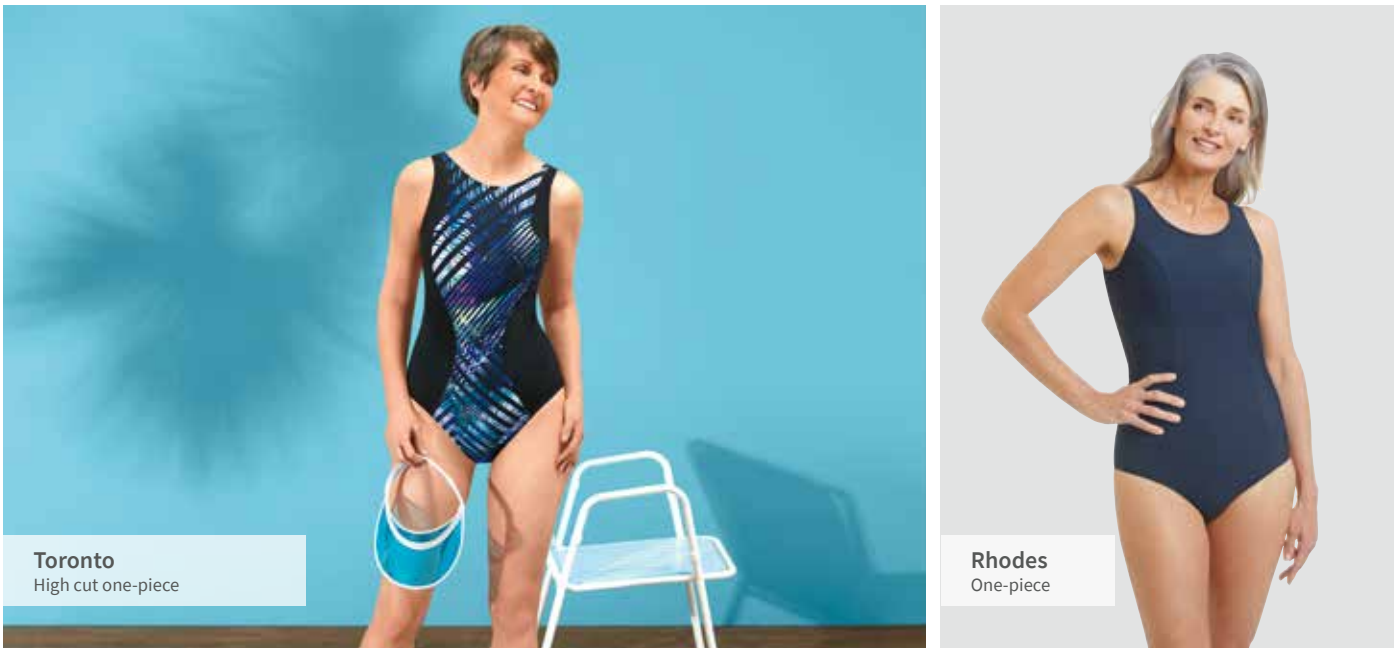
Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons	Shaping Effect
	Ayon Sarong	71113 black/white	☆☆☆ premium	40–56 B, C	• High shaping effect thanks to additional anti-transparent lining in the front and back, ideal for larger sizes • Short skirt with figure-flattering ruffles on the front • Integrated black Panty beneath the skirt	80 % polyamide 20 % elastane		
	Ayon Padded Bikini Top	71117 black/white	☆☆☆ advanced	36–46 B, C, D	• Double spaghetti straps can be worn straight or as a neck holder	80 % polyamide 20 % elastane		–
	Ayon Highwaist Panty	71118 black/white	☆☆☆ advanced	36–46	• Can be worn as highwaist Panty or normal Panty	80 % polyamide 20 % elastane		–
	Florida Full Bodice	71343 black/white	☆☆☆ premium	38–56 B, C; 40–54 D, E	• High shaping effect thanks to additional anti-transparent lining in the front and back, ideal for larger sizes	80 % polyamide 20 % elastane		

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last

ACTIVE

Swimwear for all water sports and activities. Excellent freedom of movement, ultimate support and optimal chlorine resistance.



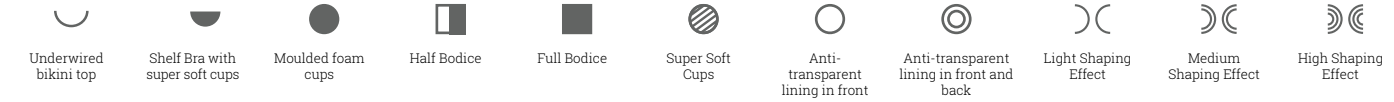
COLOURS



FEATURES

- Classic black and white prints, suitable for all occasions and figures
- Sustainable, high-quality materials such as LYCRA® XTRA LIFE™ ensure lasting fit and optimal chlorine resistance
- Supportive built-in bras with integrated pockets and soft, padded cups to hold a breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms, shapers and Aqua Wave breast forms
- Adjustable, wide straps provide relief for the shoulders and neck
- Wide range of sizes up to 52 C

FEATURES



Overview

Image	Product name	Item No. Colour	Price category	Sizes	Features	Material composition	Icons	Shaping Effect
	Rhodes One-Piece	70842 dark blue	★ ★ ★ basic	36–52 B, C	• Light shaping effect • Flattering Viennese seams on the front for additional comfort	100 % polyester		
	Toronto High Cut One-Piece	71390 black/purple/mint	★ ★ ★ advanced	36–48 B; 38–48 C	• Light shaping effect • High cut in the front to conceal any skin irritation • Black inserts on the sides of the front panel create a flattering silhouette	100 % polyester		

See page 85 for sizing chart.
Find all our latest range of colours in our seasonal collections.
Product colours may vary slightly from the those shown in the photos.
*while stocks last





BREAST FORMS AND SHAPERS 62

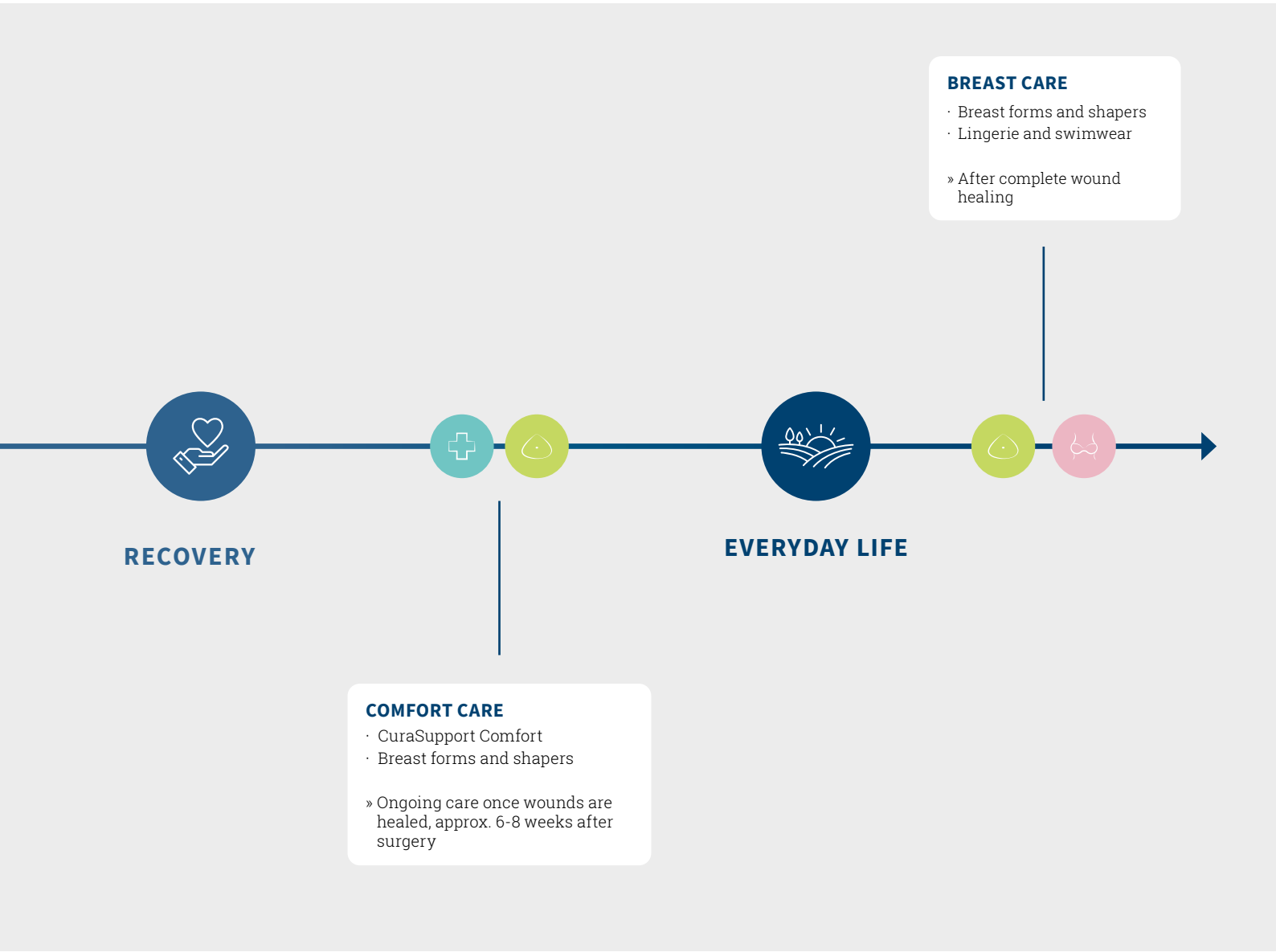
CARE CONCEPT	65
BREASTSHAPERS PORTFOLIO OVERVIEW	66
BALANCE ESSENTIAL	68
BALANCE NATURA	68
BALANCE CONTACT	69
BALANCE ADAPT AIR	69
BREASTFORMS PORTFOLIO OVERVIEW	70
ESSENTIAL	72
NATURA	74
ENERGY	76
CONTACT	78
ADAPT AIR	80
OTHER	82

WHERE CONFIDENCE
GROWS

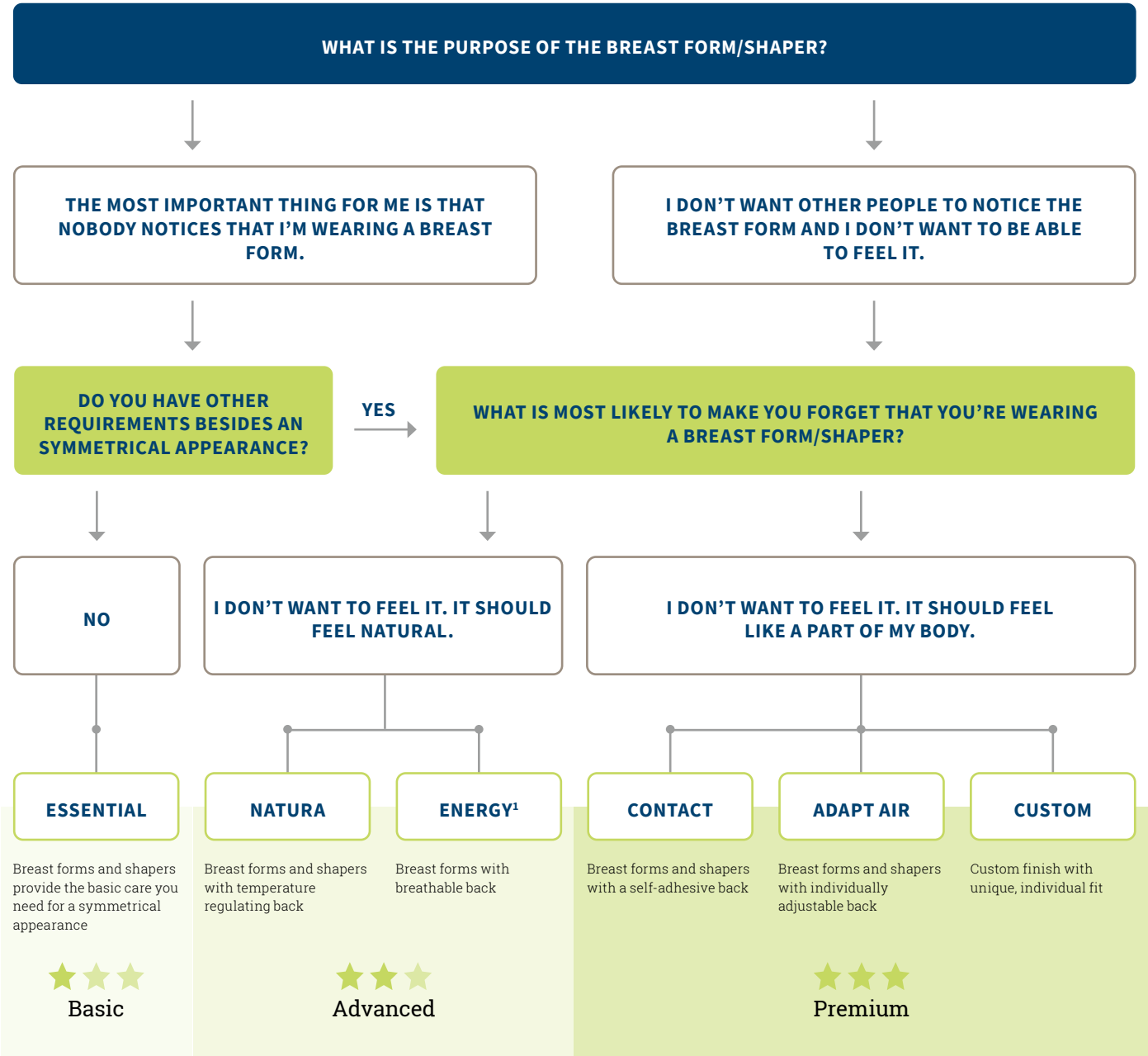
BREAST FORMS AND SHAPERS

Amoena's range of breast forms and shapers feature unique technologies and are tailored to your patients' specific requirements. We have everything you need to restore body symmetry following a breast-conserving therapy, a mastectomy, breast reconstruction, multiple biopsies or simply to balance out natural breast asymmetry. Our goal is to help women regain their natural, feminine silhouette, along with their self confidence.

And with over 45 years of experience, we know exactly what a woman needs after breast surgery: a breast form that's so natural and shapely, nobody will be able to tell it's there – and so comfortable, she won't be able to either. Our innovative breast forms and shapers are designed with all the challenges your patients face in mind, from certain medications and treatments, lymphoedema and hot flushes, to uneven or sensitive scars. They are here to provide relief, keep the skin nice and dry, and fit snugly to the shape of the body. All of this makes Amoena the best solution in meeting the individual requirements of your patients.



BREAST FORMS AND SHAPERS CARE CONCEPT



Amoena breast forms and shapers are available in various weights:

- Standard weight: about 80-90 % of the weight of a natural breast and the closest to a natural breast in terms of movement and feel.
- 20, 25 and 40 % lighter breast forms reduce the pressure on the shoulders and are therefore particularly suitable for women with lymphoedema, osteoporosis, tension in the neck and shoulder area, large breasts, or particularly active lifestyles.

(1) Energy is only available as a breast form

BREAST SHAPERS OVERVIEW

Amoena breast shapers balance out asymmetry after breast-conserving therapy, breast reconstruction, multiple biopsies, or in the case of natural uneven breast development. The soft silicone shapers fit snugly against the natural curves of the remaining breast tissue and fill the bra cup for a symmetrical silhouette, preventing tension, improving posture and correcting muscular imbalances.



Easy adaptation thanks to innovative AirChamber Technology
Innovative AirChamber Technology allows the volume to be adjusted for the best possible fit to the individual patient's needs, even on an uneven chest surface.



Temperature regulations thanks to Comfort+ technology
Comfort+ technology ensures constant, gentle temperature regulation between the body and the breast shaper, preventing unpleasant heat build-up and perspiration.



Self-adhesive back provides security and ensures the most natural movement of the shaper
Amoena Contact breast shapers adhere directly to the skin without the need for any additional adhesive materials. Adapts especially well to the movement of the body.



Soft, natural feel thanks to InTouch silicone material
Special silicone formula in combination with a soft, smooth film for a breast shaper that looks and feels as natural as possible

BALANCE ADAPT AIR

Breast shaper with adjustable back (page 69)

★★★★
Premium



BALANCE CONTACT

Breast shapers with a self-adhesive back (page 69)

★★★★
Premium



BALANCE NATURA

Breast shaper with temperature-regulating back (page 68)

★★★★
Advanced



BALANCE ESSENTIAL

Breast shapers for basic care (page 68)

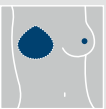
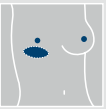
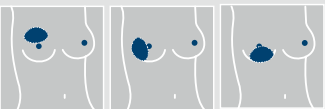
★★★★
Basic



AMOENA BALANCE

- **Invisible** – Thin edges ensure a natural fit between the shaper and the body
- **Versatile** – various shapes, sizes and thicknesses available for optimal customisation
- **Simple** – Required thickness can be determined using our simple, tried-and-tested cup difference method

BALANCE – BREAST SHAPERS

OVAL	DELTA	ELLIPSE	VARIA
			

BALANCE ESSENTIAL ★★ ★

Breast shapers provide the basic care you need for a symmetrical appearance



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Medical device number
	Balance essential TO	228	Oval	Thin	< 1cm	S–XL	Ivory	37.35.06.0015
	Balance Essential TD	218	Delta	Thin	< 1cm	1–10	Ivory	37.35.06.0002
	Balance Essential MD	223	Delta	Average	1–2cm	2–12	Ivory Tawny 4–10	37.35.06.0012
	Balance Essential VD	225	Delta	Volume	> 2cm	3/4–9/10	Ivory	37.35.06.0013
	Balance Essential Light VD	224	Delta	Volume, 25 % lighter	> 2cm	3/4–11/12	Ivory Tawny 3/4 – 9/10	37.35.06.0010
	Balance Essential SE	232	Ellipse	Special shape	Cup difference method not applicable	S–XL	Ivory	37.35.07.0001

BALANCE NATURA ★★ ★

Breast shaper with temperature-regulating back

- Reduces heat and perspiration thanks to Comfort+ technology



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Medical device number
	Balance Natura TO	227	Oval	Thin	< 1cm	S–XL	Ivory	37.35.06.0014
	Balance Natura TD	217	Delta	Thin	< 1cm	1–10	Ivory	37.35.06.0001
	Balance Natura MD	220	Delta	Medium	1–2cm	2–12	Ivory	37.35.06.0009
	Balance Natura VD	222	Delta	Volume	> 2cm	3/4–9/10	Ivory	37.35.06.0008

Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Medical device number
	Balance Natura Light VD	221	Delta	Volume, 25 % lighter	> 2cm	3/4–11/12	Ivory	37.35.06.0011
	Balance Natura SE	231	Ellipse	Special shape	Cup difference method not applicable	S–XL	Ivory	37.35.07.0002
	Balance Natura SV	285	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	37.35.06.0007

BALANCE CONTACT ★★ ★

Breast shapers with a self-adhesive back

- Adapts especially well to the movement of the body
- Stays firmly in place
- Reduces heat and perspiration thanks to Comfort+ technology



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Medical device number
	Balance Contact MD	229	Delta	Medium	1–2cm	2–12	Ivory	37.35.06.1004
	Balance Contact VD	230	Delta	Volume	> 2cm	3/4–9/10	Ivory	37.35.06.1005
	Balance Contact SV	286	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	37.35.06.1002

BALANCE ADAPT AIR ★★ ★

Breast shaper with adjustable back

- Precisely and individually adaptable thanks to integrated AirChamber Technology – the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema.
- Sits close to the body thanks to flexible, adjustable back
- Fine volume adjustment offers greater flexibility when choosing a bra
- Reduces heat and perspiration thanks to Comfort+ technology



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Medical device number
	Balance Adapt Air MD	223	Delta	Average/volume (adjustable)	1–2cm und >2 cm	2–12	Ivory	37.35.08.8001
	Balance Adapt Air SV	234	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	37.35.08.7001

Size chart, fitting tips and advice regarding the cup difference method on page 90.

BREAST FORMS

PORTFOLIO OVERVIEW

ADAPT AIR

Breast shaper with adjustable back
(page 80)

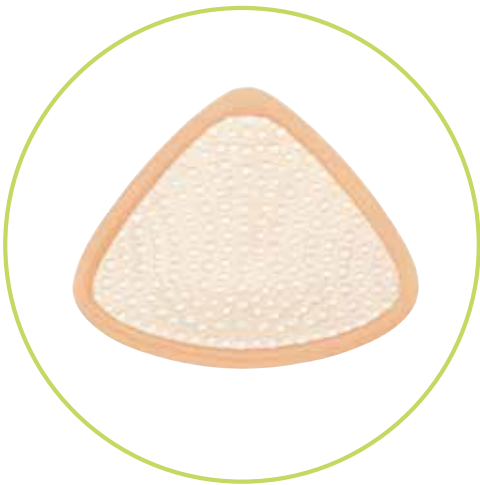
★★★★
Premium



CONTACT

Breast forms with a self-adhesive back
(page 78)

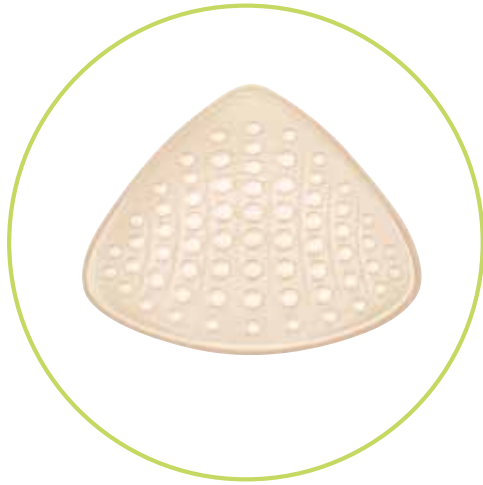
★★★★
Premium



ENERGY

Breast forms with breathable back
(page 76)

★★★★
Advanced



NATURA

Breast shaper with temperature-regulating back (page 74)

★★★★
Advanced



ESSENTIAL

Breast forms provide the basic care you need for a symmetrical appearance
(page 72)

★★★★
Basic



Easy adaptation thanks to innovative AirChamber Technology

Innovative AirChamber Technology allows the volume to be adjusted for the best possible fit to the individual patient's needs, even on an uneven chest surface.



Temperature regulations thanks to Comfort+ technology

Comfort+ technology ensures constant, gentle temperature regulation between the body and the breast form, preventing unpleasant heat build-up and perspiration.



Integrated air circulation technology

A structure consisting of three-dimensional pearls on the back of the shaper ensures optimal air circulation and allows moisture to evaporate.



Self-adhesive back provides security and ensures the most natural movement of the form

Amoena Contact adheres directly to the skin without the need for any additional adhesive materials. Adapts especially well to the movement of the body.



Cosmetic – Natural look and feel

Combination of standard and lightweight silicone for a lighter breast form (approx. 20 % lighter than standard) with ultra-soft feel that adapts well to the movement of the body.

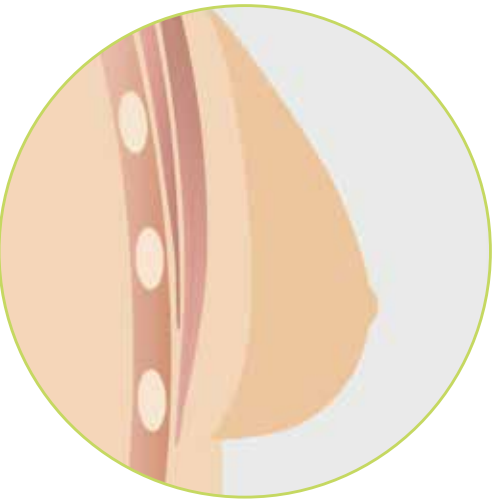


Soft, natural feel thanks to InTouch silicone material

Special silicone formula in combination with a soft, smooth film for a breast form that looks and feels as natural as possible

ESSENTIAL

Breast forms provide the basic care you need for a symmetrical appearance



Single-layer breast form

 Soft, matte PU film and high-quality silicone guarantee a pleasant feel

Standard and lightweight breast forms to create a symmetrical appearance and restore a feminine silhouette.

High-quality basic care covered by health insurance.

WEIGHT OPTIONS

 Full weight adjustment

 -25 %

COLOURS

 Ivory

 Tawny

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have undergone ablation/mastectomy
- and wish to recreate a symmetrical appearance

Overview



Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Medical device number
	Essential Light 1S [®]	314	 1 – shallow	– 25 %	S	1–14	Ivory	37.35.02.0001
	Essential Light 2S	442	 2 – average	– 25 %	S	1–17	Ivory Tawny	37.35.04.0001
	Essential Light 2A	356	 2 – average	– 25 %	A	0–14 L/R	Ivory	37.35.04.0002
	Essential Light 3S	367	 3 – volume	– 25 %	S	0–12	Ivory	37.35.04.0003
	Essential Light 3E	556	 3 – volume	– 25 %	E	1–14 L/R	Ivory Tawny (upon request)	37.35.04.0004
	Essential 1S	630	 1 – shallow	full even weight distribution	S	1–12	Ivory	37.35.02.0004
	Essential 2S	440	 2 – average	full even weight distribution	S	1–12	Ivory	37.35.02.0005
	Essential 2A	353	 2 – average	full even weight distribution	A	0–12 L/R	Ivory	37.35.02.0002
	Essential 2E	474	 2 – average	full even weight distribution	E	0–12	Ivory Tawny (upon request)	–
	Essential 3S	363	 3 – volume	full even weight distribution	S	0–12	Ivory	37.35.02.0003

For fitting tips and size chart see page 92.

1) OVERVIEW OF CUP FORMS:

- 1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

2) OVERVIEW OF FORMS:

- S = Symmetrical:** Can be worn on the left and right side interchangeably
- A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape
- U = Universal:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm or along the sternum (can be rotated accordingly)

*Light und Xtra Light forms have a more muted colour.

NATURA

Breast form with temperature-regulating back.



NATURA double-layer breast form

-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
- Comfort+**
 Reduces heat and sweating beneath the breast form

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have additional soft breast tissue (Natura 1S and 3E)
- want or need a very light breast form (Natura Xtra Light)

NATURA triple-layer breast form



- Soft gel back**
Sits comfortably against sensitive scar tissue
- or

- Cosmetic**
 Lightweight form that comes in plain, natural colours

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have sensitive scar tissue

WEIGHT OPTIONS

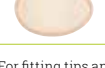
-  Full weight adjustment
-  -20 %
-  -25 %
-  -40 %

COLOURS

-  Ivory
-  Tawny

Overview



Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Medical device number
	Natura Xtra Light 1S [®]	401	 1 – shallow	– 40 %	 S	1–14	Ivory	37.35.05.2015
	Natura Xtra Light 2S [®]	400	 2 – average	– 40 %	 S	1–17	Ivory Tawny	37.35.05.2012
	Natura Light 1S [®]	402	 1 – shallow	– 25 %	 S	1–14	Ivory	37.35.05.0001
	Natura Light 1S	664	 1 – shallow	– 25 %	 S	1–14	Ivory	37.35.05.2002
	Natura Light 2S	390	 2 – average	– 25 %	 S	1–17	Ivory Tawny	37.35.05.2001
	Natura Light 2A	392	 2 – average	– 25 %	 A	0–14 L/R	Ivory	37.35.05.2004
	Natura Light 3S	391	 3 – volume	– 25 %	 S	0–12	Ivory	37.35.05.2003
	Natura Light 3A	373	 3 – volume	– 25 %	 A	4–12 L/R	Ivory Tawny (upon request)	–
	Natura Cosmetic 2S	320	 2 – average	–20 %	 S	1–14	Ivory	37.35.05.2009
	Natura Cosmetic 2S [®]	323	 2 – average	–20 %	 S	1–14	Ivory	37.35.05.2013
	Natura Cosmetic 3S	321	 3 – volume	–20 %	 S	1–12	Ivory	37.35.05.2008
	Natura Cosmetic 3E	322	 3 – volume	–20 %	 E	1–14 L/R	Ivory	37.35.05.2014
	Natura 1S	396	 1 – shallow	full even weight distribution	 S	1–14	Ivory	37.35.03.2003
	Natura 2S	398	 2 – average	full even weight distribution	 S	1–10	Ivory	37.35.03.0004
	Natura 2A	393	 2 – average	full even weight distribution	 A	0–12 L/R	Ivory	37.35.03.0011
	Natura 3S	395	 3 – volume	full even weight distribution	 S	0–12	Ivory	37.35.03.0010
	Natura 3E	397	 3 – volume	full even weight distribution	 E	1–14 L/R	Ivory	37.35.03.2002

For fitting tips and size chart see page 92.

1) OVERVIEW OF CUP FORMS:

- 1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

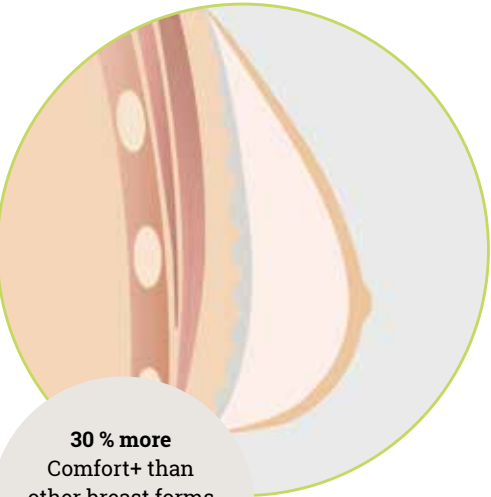
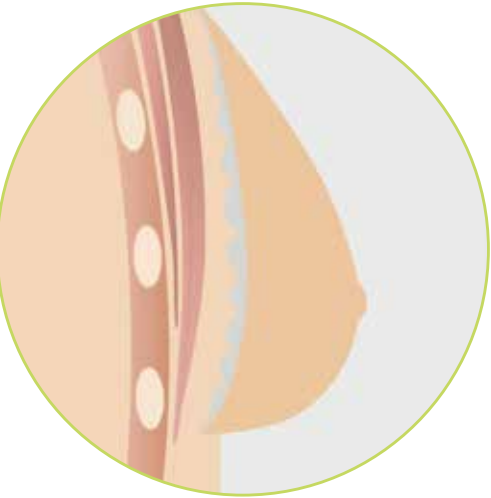
2) OVERVIEW OF FORMS:

- S = Symmetrical:** Can be worn on the left and right side interchangeably
- A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape
- U = Universal:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm or along the sternum (can be rotated accordingly)

*Light und Xtra Light forms have a more muted colour.

ENERGY

Breast forms with breathable back



30 % more
Comfort+ than
other breast forms
for even better
temperature
regulation

Energy triple-layer breast form

-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
- Comfort+**
 Reduces heat and perspiration beneath the breast form
- 3D pearls**
 ensure optimal air circulation and allow moisture to evaporate

Energy Cosmetic triple-layer breast form

-  **Comfort+**
- +**
-  **Cosmetic**
Lightweight form, available in plain, natural colours

PARTICULARLY SUITABLE FOR WOMEN WHO:

- experience hot flushes due to menopause or medication
- have a tendency to perspire in hotter temperatures
- take part in sports

WEIGHT OPTIONS

-  Full weight adjustment
-  -20 %
-  -25 %

COLOURS

-  Ivory
-  Tawny

Overview



Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Medical device number
	Energy Light 2 S	342	 2 – average	– 25 %	 S	1–14	Ivory Tawny (upon request)	37.35.05.2007
	Energy Light 2U	341	 2 – average	– 25 %	 U	1–14	Ivory	37.35.05.2005
	Energy Cosmetic 2S	310	 2 – average	– 20 %	 S	1–14	Ivory	37.35.05.2011
	Energy Cosmetic 3S	311	 3 – volume	– 20 %	 S	1–12	Ivory	37.35.05.2010
	Energy 1S	349	 1 – shallow	full even weight distribution	 S	1–12	Ivory	37.35.03.2005

For fitting tips and size chart see page 92.

1) OVERVIEW OF CUP FORMS:

- 1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

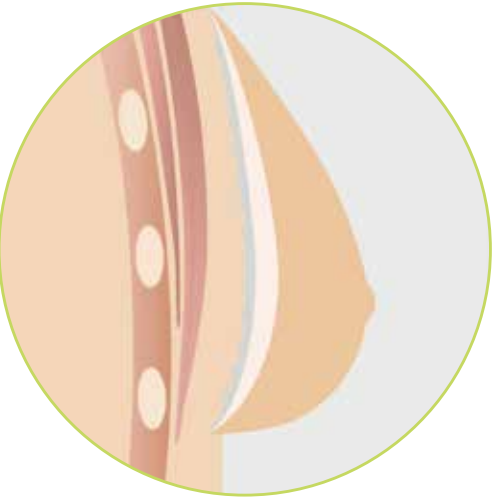
2) OVERVIEW OF FORMS:

- S = Symmetrical:** Can be worn on the left and right side interchangeably
- A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape
- U = Universal:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm or along the sternum (can be rotated accordingly)

*Light und Xtra Light forms have a more muted colour.

CONTACT

Breast forms with a self-adhesive back



CONTACT triple-layer breast form

-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
-  **Comfort+**
Reduces heat and perspiration beneath the breast form
-  **Contact**
 - Adapts to body movements just like a natural breast
 - Provides relief for neck and shoulders thanks to direct adhesion to the chest wall
 - Offers more flexibility when choosing clothes

PARTICULARLY SUITABLE FOR WOMEN WHO:

- suffer from shoulder/neck pain
- have a larger cup size
- have lymphoedema

WEIGHT OPTIONS

-  Full weight adjustment
-  -25 %

COLOURS

-  Ivory
-  Tawny



TUTORIAL

Overview



Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Medical device number
	Contact Light 2S	380	 2 – average	– 25 %	S	1–14	Ivory	37.35.05.1001
	Contact Light 3S	385	 3 – volume	– 25 %	S	0–10	Ivory	37.35.05.1002
	Contact 1S	384	 1 – shallow	full even weight distribution	S	1–14	Ivory	37.35.03.1005
	Contact 2S	381	 2 – average	full even weight distribution	S	1–12	Ivory	37.35.03.1001
	Contact 2A	383	 2 – average	full even weight distribution	A	0–12 L/R	Ivory	37.35.03.1004
	Contact 3S	382	 3 – volume	full even weight distribution	S	0–10	Ivory	37.35.03.1002
	Contact 3E	386	 3 – volume	full even weight distribution	E	1–14 L/R	Ivory Tawny (upon request)	37.35.03.1003

For fitting tips and size chart see page 92.

1) OVERVIEW OF CUP FORMS:

- 1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 – Medium cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

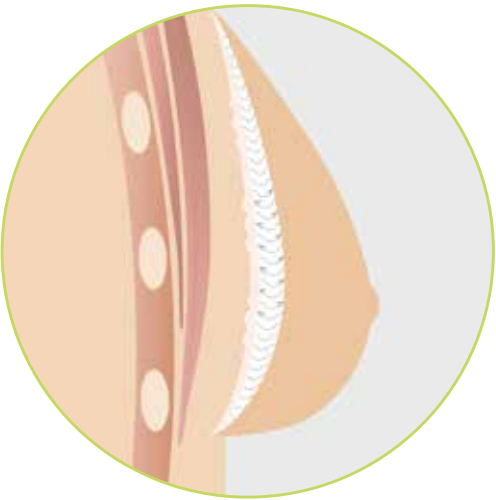
2) OVERVIEW OF FORMS:

- S = Symmetrical:** Can be worn on the left and right side interchangeably
- A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape
- U = Universal:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm or along the sternum (can be rotated accordingly)

*Light und Xtra Light forms have a more muted colour.

ADAPT AIR

Breast form with adjustable back



ADAPT AIR triple-layer breast form



Soft, matte PU film and premium-quality silicone guarantee a pleasant feel



Comfort+ Reduces heat and perspiration beneath the breast form

AirChamber Technology

- Precisely and individually adaptable thanks to integrated AirChamber Technology – the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema
- Sits close to the body thanks to flexible, adjustable back
- Fine volume adjustment offers greater flexibility when choosing a bra
- Reduces heat and perspiration thanks to Comfort+ material
- Lightweight: InTouch Light and Xtra Silikon make the breast form 25-40 % lighter

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have uneven scar tissue
- experience weight fluctuations (and the resulting fluctuations in cup size)
- have swelling from lymphoedema



reddot winner 2020



WEIGHT OPTIONS



Full weight adjustment



-25 %



-40 %

COLOURS



Ivory



Tawny



VIDEO TUTORIAL

Overview



Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Medical device number
	Adapt Air Xtra Light 1S [®]	328	1 – shallow	– 40 %	S	1–14	Ivory	37.35.08.3004
	Adapt Air Xtra Light 2S [®]	326	2 – average	– 40 %	S	1–14	Ivory Tawny (upon request)	37.35.08.3001
	Adapt Air Light 1S [®]	329	1 – shallow	– 25 %	S	1–14	Ivory	37.35.08.3005
	Adapt Air Light 2S [®]	327	2 – average	– 25 %	S	1–14	Ivory	37.35.08.3003

For fitting tips and size chart see page 92.

1) OVERVIEW OF CUP FORMS:

1 - Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

2 – Medium cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

3 – Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

2) OVERVIEW OF FORMS:

S = Symmetrical: Can be worn on the left and right side interchangeably

A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

U = Universal: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm or along the sternum (can be rotated accordingly)

*Light und Xtra Light forms have a more muted colour.

OTHER

Additional breast forms and accessories

Image	Product name	Item no.	Special features	Materials	Form*	Size	Colour	Hi, Mi number
	Leisure Form	132N	Breast forms made using polyurethane foam, ideal for sleeping or relaxing. Soft, washable cover. Should not be used to replace a silicone breast form on a permanent basis	Foam material composition: 30 % polyurethane, 70 % barium sulfate (7727-43-7) Cover: 82 % polyamide 18 % elastane	S	3-14	Ivory	-
	Aqua Wave Swimform	149	Transparent silicone form for water activities. Structured back allows water and air to pass through. Comes with waterproof case		S	1-14	Transparent	37.35.04.0008
	Self-adhesive nipples	136 Ivory, 137 Almond 138 Bronze 139 Tawny	Supple, self-adhesive silicone. For use with our range of breast forms and shapers. Also suitable to wear on reconstructed breasts or nipples. Includes a 30ml bottle of Amoena SoftCleanser for cleaning	2 pcs including 30ml SoftCleanser		S 3.4 cm, M 3.9 cm, L 4.9 cm		37.35.99.0001
	Demo Kit self-adhesive nipples	134	Demo Kit with nipples in each colour and size to help patients determine which model they need (only available for stockists)	Kit with 12 nipples				-
	Amoena Soft Cleanser	087	Specially developed for cleaning the adhesive surface of self-adhesive Amoena products (Contact breast forms, Contact breast shapers and nipples). No oil-based ingredients. Also suitable for cleaning non-adhesive breast forms			150 ml		-
	Amoena Soft Brush	089	Specially developed for Amoena products. Very soft, round bristles that do not damage the adhesive surface	1 pcs				-
	Adapt Air Pump	070	Replacement pump for Adapt Air breast forms	1 unit in a polybag including instructions for use				-
	Breast Form Cover	160	Protects breast forms, seamless front, soft fabric, opening on the back. Hand wash at 30 degrees. Suitable for breast forms 2S and 3S	1 unit in a polybag including instructions for use		1-17		-
	Contact Back Pad and Foils		Back pads make it possible to wear the Contact breast form in a bra pocket. The foils protect the adhesive back while they are being stored. Different shapes available for different breast form sizes	Includes 1 back pad and 2 foils				-
	For items 380, 381 (2S)	172						
	L/R for item 386 (3E)	171						
	L/R for item 383 (2A)	170						
	For item 384 (1S)	167						
	For items 382, 385 (3S)	168						
	For item 286 (SV)	146						
	For items 229 (BMD), 230 (BVD)	173						



FITTING GUIDE

BREAST CARE APPAREL

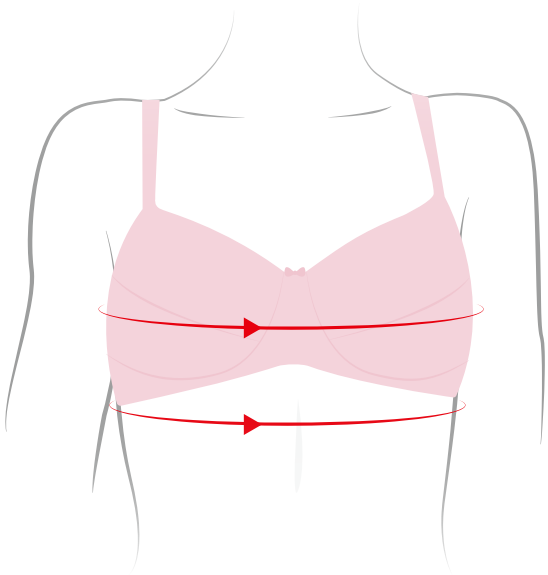
The following pages outline all the necessary steps that will enable you to provide optimal care for your patients.

Finding the perfect bra

Get the perfect fit in 3 easy steps. Here's how to determine the right bra size for your patient

1. Underbust measurement: Measure the circumference (e.g. 86cm) around the underbust band while the patient is still wearing her bra.
2. Half overbust measurement Measure from the middle of the chest (sternum) over the fullest part of the remaining or non-operated breast to the centre of the spine. Multiply this measurement by 2 to determine the cup size, e.g. 51 x 2 = 102.
3. Find out the bra size required using the sizing chart.

These instructions are intended as guidelines only. You may need to choose a slightly different size for the perfect fit. For an overview of available sizes, see page 89.



SIZING CHART FOR

LINGERIE AND SWIMWEAR

Sizes based on body measurements: 165–172 cm

1	EU underbust measurement in cm	63–67	68–72	73–77	78–82	83–87	88–92	93–97	98–102	103–107	108–112	113–117	118–122
	EU underbust circumference in cm	65	70	75	80	85	90	95	100	105	110	115	120

Use the EU overbust measurement in cm to determine the corresponding cup size

2	AA	75–77	80–82	85–87	90–92	95–97	100–102	105–107	110–112	115–117	120–122	125–127	130–132
	A	77–79	82–84	87–89	92–94	97–99	102–104	107–109	112–114	117–119	122–124	127–129	132–134
	B	79–81	84–86	89–91	94–96	99–101	104–106	109–111	114–116	119–121	124–126	129–131	134–136
	C	81–83	86–88	91–93	96–98	101–103	106–108	111–113	116–118	121–123	126–128	131–133	136–138
	D	83–85	88–90	93–95	98–100	103–105	108–110	113–115	118–120	123–125	128–130	133–135	138–140
	E	85–87	90–92	95–97	100–102	105–107	110–112	115–117	120–122	125–127	130–132	135–137	140–142
	F	87–89	92–94	97–99	102–104	107–109	112–114	117–119	122–124	127–129	132–134	137–139	142–144
	G	89–91	94–96	99–101	104–106	109–111	114–116	119–121	124–126	129–131	134–136	139–141	144–146

EU brief, swimwear, one-piece and two-piece sizes	34	36	38	40	42	44	46	48	50	52	54	56
---	----	----	----	----	----	----	----	----	----	----	----	----

EU waist measurement in cm	58–62	63–67	68–72	73–77	78–82	83–87	88–92	93–97	98–102	103–107	108–112	113–117
----------------------------	-------	-------	-------	-------	-------	-------	-------	-------	--------	---------	---------	---------

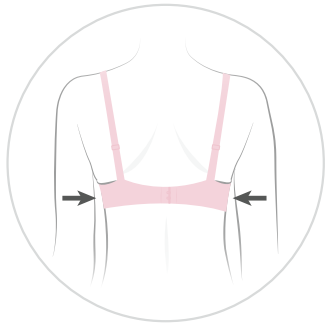
EU- hip measurement in cm	88–92	92–96	96–100	100–104	104–108	108–112	112–116	116–120	120–124	124–128	128–132	132–136
---------------------------	-------	-------	--------	---------	---------	---------	---------	---------	---------	---------	---------	---------

EU international clothes size	XS	S	M	L	XL	2XL	3XL
-------------------------------	----	---	---	---	----	-----	-----

EU international clothes size and corresponding cup size

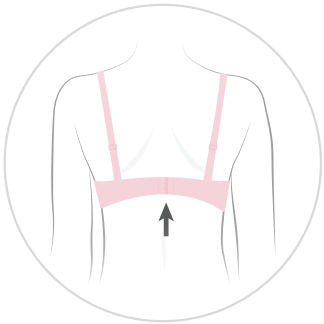
A			S	S	M	M	L	L	XL	XL	2XL	2XL
B	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
C	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
D	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL	3XL

PERFECT FIT – WHAT TO CONSIDER



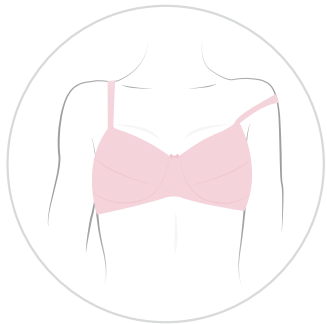
Underbust band too tight

The underbust band feels too tight and uncomfortable. Try a larger underbust size or use an Amoena bra extender. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



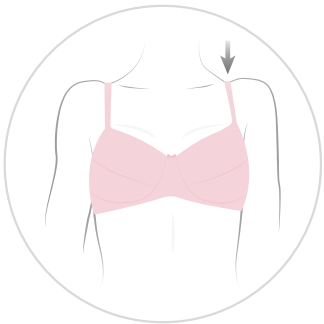
Underbust band too loose

The underbust band is loose and slides up and down the patient's back. Choose a smaller underbust size. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



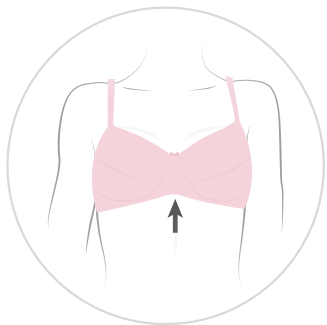
Bra straps are slipping down

The straps on the bra slide off the patient's shoulders. Generally, tightening the straps slightly should solve this issue.



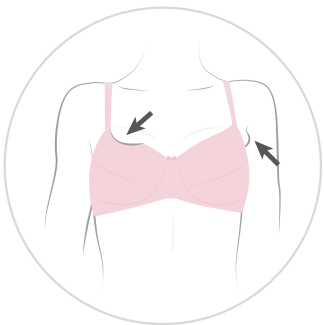
Bra straps are digging in

In this case, the straps may need to be loosened slightly. Alternatively, if the patient has a larger underbust, a wider strap may be required. If this does not solve the issue, the underbust band may be causing the issue (see above).



Bra keeps sliding upwards

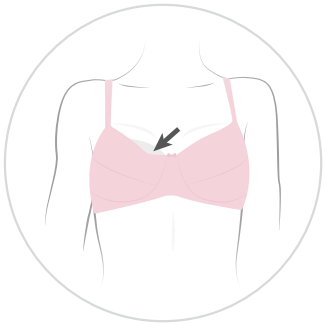
If the slightest movement causes the bra to slide up, this is a sign that the underbust band of the bra is too wide. Choose an underbust band one size smaller and a cup one size larger



Bra cup digs in

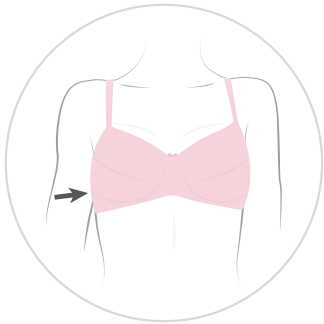
If the cup squeezes or presses the breast in certain places, this usually means the cup is too small. Choosing a larger cup size will usually solve this issue.

PERFECT FIT – SISTER/CROSSOVER SIZES



Bra cup protrudes

If tightening the bra straps doesn't make the gaps or folds in the cup disappear, try a smaller cup size.



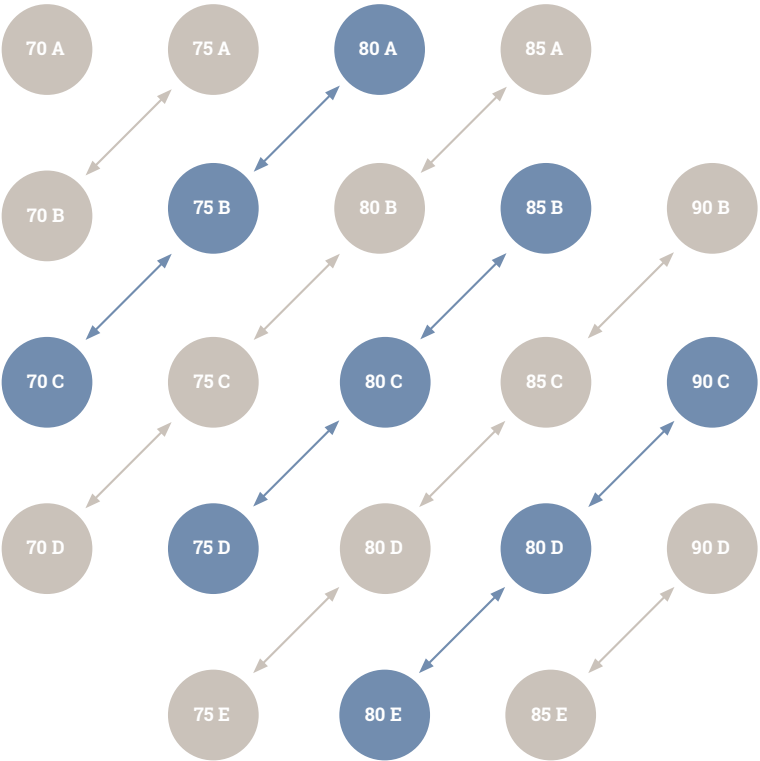
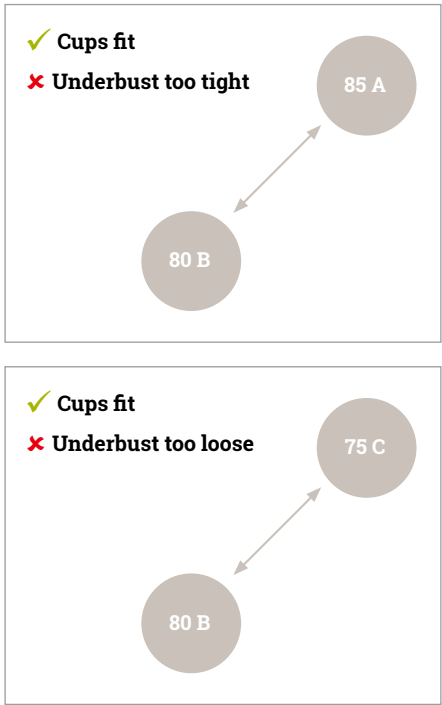
Bra underwiring digs in

For a perfect fit, the underwiring should follow the shape of the breast, gently enclosing it. The centre of the bra should sit close to the body. If the underwire digs in, the cup is probably too small. Choose a larger cup size and, if necessary, a smaller underbust.

Alternative sizes

By way of example, an alternative size for a 75B would be a 70C or an 80A. When trying a bra on, close the bra using the middle hooks.

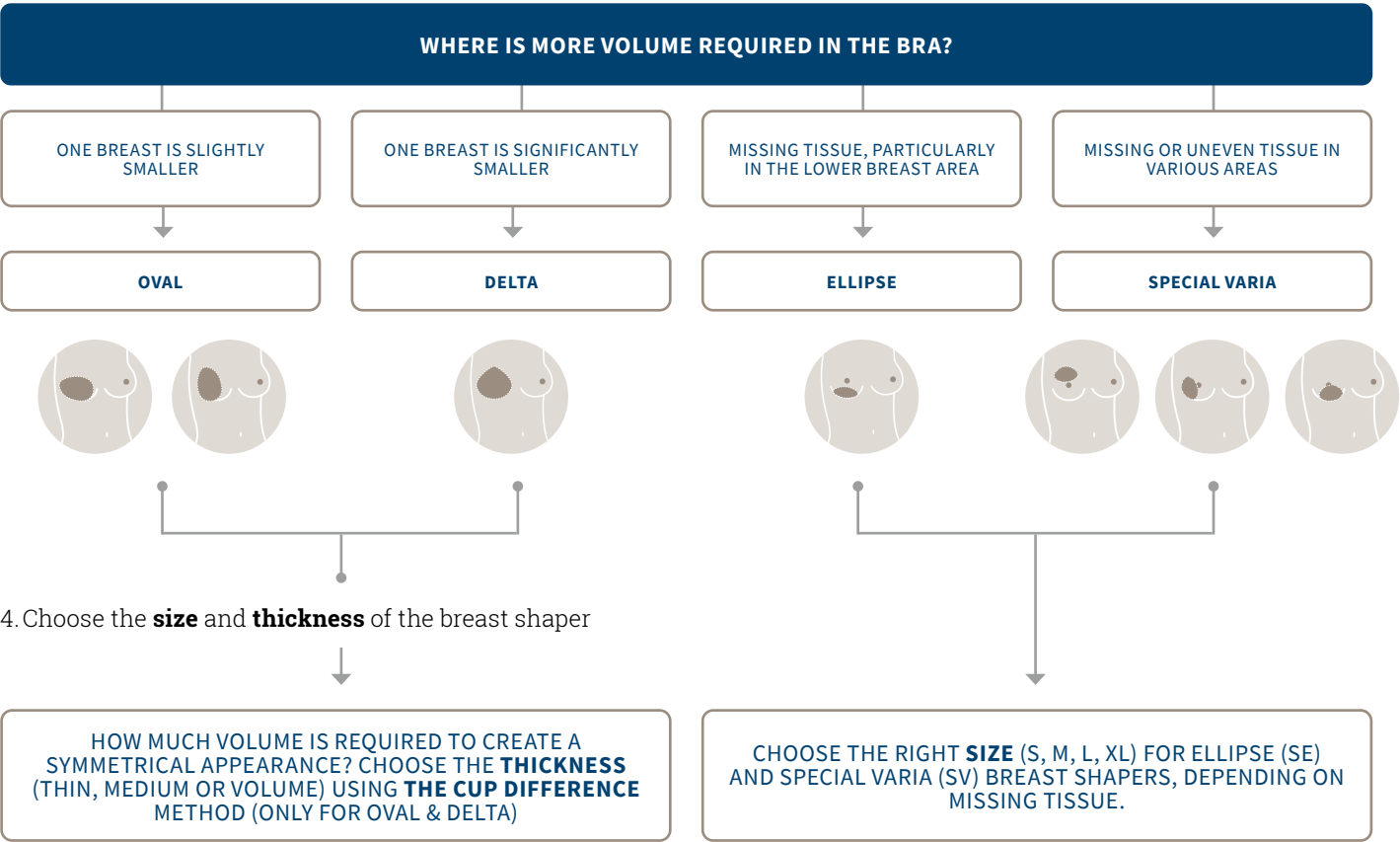
Examples:



BALANCE – SHAPERS SIZING

Find the perfect breast shaper in 4 steps

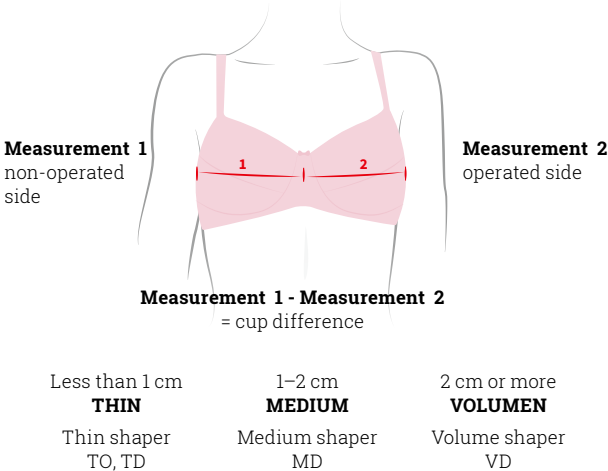
- 1. First, find **the right sized special bra** for your patient (see the fitting guide on page 86).
- 2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 65).
- 3. Determine which **shape** your patient needs (Oval, Delta, Ellipse or Special Varia).



CUP DIFFERENCE METHOD (CD METHOD)

The cup is measured in centimetres from the centre front of the bra (breastbone) to the side seam.

1. Measure the fullest part of the cup on the non-operated side (measurement 1)
2. Measure the fullest part of the cup on the operated side (measurement 2)
3. Subtract measurement 2 (operated side) from measurement 1 (non-operated side)
4. The result is the cup difference (CD), which will help you to determine the thickness you need (thin, medium, or volume)



BALANCE – TEILPROTHESEN SIZING CHART

Find the right size for Oval and Delta breast shapers:

Cup size	Underbust measurement											
AA	70	75	80	85	90	95	100	105	110	115	120	
A	65	70	75	80	85	90	95	100	105	110	115	120
B		65	70	75	80	85	90	95	100	105	110	115
C			65	70	75	80	85	90	95	100	105	110
D				65	70	75	80	85	90	95	100	105
E					65	70	75	80	85	90	95	100
F						65	70	75	80	85	90	95
G								75	80	85	90	
Shaper size	1	2	3	4	5	6	7	8	9	10	11	12

Cup difference method	Shape	Shaper size											
CD < 1 cm › Thin shaper	Oval			S		M		L		XL			
	Delta	1	2	3	4	5	6	7	8	9	10		
CD 1-2 cm › Medium shaper	Delta		2	3	4	5	6	7	8	9	10	11	12
CD ≥ 2 cm › Volume shaper	Delta			3/4		5/6		7/8		9/10		11/12	

The CD method cannot be used for Ellipse and Varia shapers

Overview

Thickness	Thin		Medium	Volume	Special	
Cup Difference	< 1cm		1 – 2 cm	≥ 2 cm		
Shape						
	Oval	Delta	Delta	Delta	Elipse	Varia
Balance Adapt			233 Balance Adapt Air MD		234 Balance Adapt Air SV	
Balance Contact			229 Balance Contact MD	230 Balance Contact VD	286 Balance Contact SV	
Balance Natura	227 Balance Natura TO	217 Balance Natura TD	220 Balance Natura MD	222 Balance Natura VD	231 Balance Natura SE	222 Balance Natura SV
Balance Essential	228 Balance Essential TO	218 Balance Essential TD	223 Balance Essential MD	225 Balance Essential VD	232 Balance Essential SE	

Balance Premium FIT KIT 245 – New Version

Our Premium Fit Kit includes 15 breast shapers in different sizes and thicknesses to help you find the right breast shaper for your patient and keep your stocks to a minimum.

Item no.	Product name	Sizes
227	Balance Natura TO	M, L
217	Balance Natura TD	3, 5
220	Balance Natura MD	4, 8
231	Balance Natura SE	M, L
285	Balance Natura SV	S
221	Balance Natura Light VD	5/6, 9/10
230	Balance Contact VD	7/8
286	Balance Contact SV	L
233	Balance Adapt Air MD	6
234	Balance Adapt Air SV	M

Includes Adapt Air Pump, use and care instructions, and overview of the whole Balance range



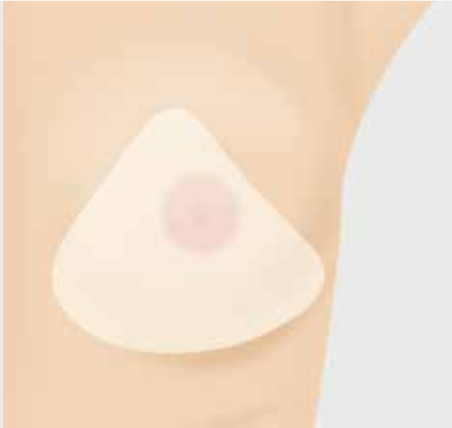
BREAST FORMS – SIZING

Find the perfect breast form in 4 steps

1. First, find **the right sized special bra** for your patient (see the fitting guide on page 86).
2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 65).
3. Determine the **cup form** required for the bra (**1 = shallow, 2 = medium, 3 = volume**)
Cup form refers to the shape of the breast or cup size in the bra.

1 = Shallow breast form	2 = Medium breast form	3 = Full breast form
		
1 = Shallow cup form	2 = Medium cup form	3 = Full cup form
More volume in the lower cup area	More volume overall	More volume in the upper cup area

4. Determine the breast form shape (**S = Symmetrical, A = Asymmetrical, E = Asymmetrical Extra**)

Symmetrisch					Asymmetrisch		Asymmetrisch Extra	
								
1S	1S ^N	2S	2S ^N	3S	2A		3E	
								
Same volume					Axilla extension		Outer lower breast area	

BREAST FORMS – SIZING CHART

This table helps you find the **right breast form size** based on **bra size**. Try out the breast form with a T-shirt to find out whether you've found the right fit.

Example: If the patient's bra size is 95 C, this corresponds to a size 9 breast form

Cup size	Underbust measurement																	
AA	65	70	75	80	85	90	95	100	105	110	115	120						
A	60	65	70	75	80	85	90	95	100	105	110	115	120					
B			65	70	75	80	85	90	95	100	105	110	115	120				
C				65	70	75	80	85	90	95	100	105	110	115	120			
D					65	70	75	80	85	90	95	100	105	110	115	120		
E						65	70	75	80	85	90	95	100	105	110	115	120	
F							65	70	75	80	85	90	95	100	105	110	115	120
G										75	80	85	90	95	100	105	110	115
Overview of sizes																		
	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15²	16²	17²
Priform sizes																		
		1/2		3/4		5/6		7/8		9/10		11/12		13/14				

Overview

Breast shape	1 = Shallow breast form		2 = Medium breast form				3 = Full breast form			
Breast form shape	Symmetrical		Symmetrical		Asymmetrical		Symmetrical		Asymmetrical Extra	
	1S	1S ^N	2S	2S ^N	2A		3S		3E	
Adapt	328 Adapt Air Xtra Light 1S ^N		326 Adapt Air Xtra Light 2S ^N		–		–		–	
	329 Adapt Air Light 1S ^N		327 Adapt Air Light 2S ^N		–		–		–	
Contact	–		380 Contact Light 2S		–		385 Contact Light 3S		–	
	384 Contact 1S		381 Contact 2S		383 Contact 2A		382 Contact 3S		386 Contact 3E	
Energy	–		342 Energy Light 2S		–		–		–	
	–		310 Energy Cosmetic 2S		–		311 Energy Cosmetic 3S		–	
	349 Energy 1S		–		–		–		–	
Natura	401 Natura Xtra Light 1S ^N		400 Natura Xtra Light 2S ^N		–		–		–	
	402 Natura Light 1S ^N		390 Natura Light 2S		392 Natura Light 2A		391 Natura Light 3S		–	
	–		323 Natura Cosmetic 2S ^N		–		321 Natura Cosmetic 3S		397 Natura Cosmetic 3E	
	396 Natura 1S		398 Natura 2S		393 Natura 2A		395 Natura 3S		397 Natura 3E	
Essential	314 Essential Light 1S ^N		442 Essential Light 2S		356 Essential Light 2A		367 Essential Light 3S		556 Essential Light 3E	
	630 Essential 1S		440 Essential 2S		353 Essential 2A		363 Essential 3S		–	

AMOENA PACKAGING

We develop our packaging with protection and presentation in mind: to both secure the products and make your job easier.



Sturdy and compact

- Our materials are dimensionally stable and come in environmentally friendly paper boxes. In addition to that, they are covered in a special coating which allows you to safely stack them on top of each other, saving valuable shelf space.
- Our cardboard boxes are MDR compliant and come in 5 sizes, providing attractive and high-quality packaging for Amoena bras of every size. For additional safety, padded bras are delivered on Amoena hangers in order to keep the shape of the cups intact.

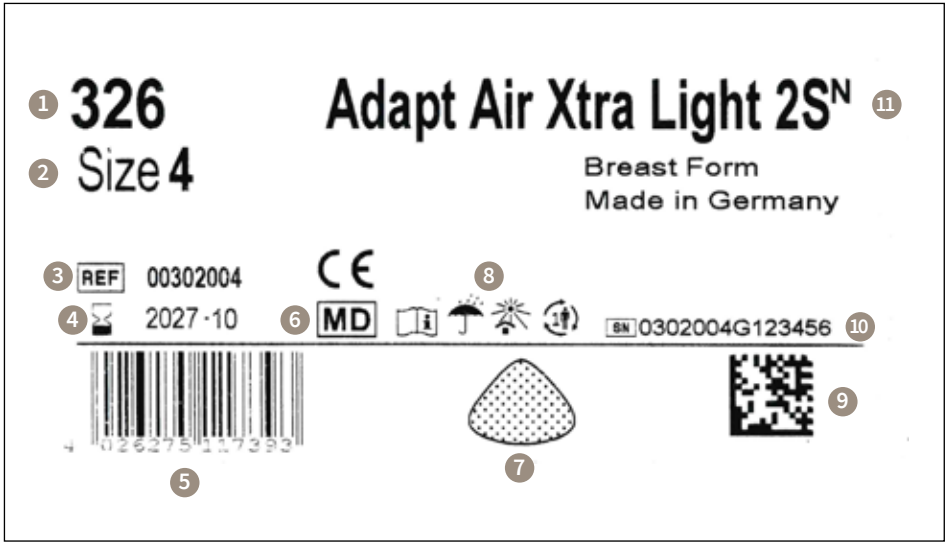
Securely packaged

- The boxes for our breast forms are made from a sturdy, high-quality cardboard with a non-slip coating, which makes them easy to store. They come in 4 different MDR-compliant sizes and can be easily opened with only one hand. All our breast forms and shapers are equally well-protected and come in a sturdy mould. In addition, advanced and premium breast forms are delivered in a high-quality case.
- Please take care to store the breast form boxes horizontally.



AMOENA PACKAGING

The MDR-compliant labels contain all the necessary information clearly arranged and categorised for all of our product ranges.



- 1 Item number
- 2 Size
- 3 Reference number
- 4 Expiry date
- 5 EAN code
- 6 Medical device symbol
- 7 Breast form symbol
- 8 Special instructions
- 9 QR code
- 10 Serial number
- 11 Product description



Details clearly laid out

Clear hang tags on Amoena textiles provide information about strap variants, materials, and much more

Hygiene in every step

Our Seamless Recovery Care items are made to the highest possible hygiene standards and are therefore suitable for clinical use straight out of the packaging. Following a pre-washing and disinfection process, the items are packaged and sealed in an airtight container. This means they can be put on the patient by the surgeon in the operating theatre.

NEW PRODUCTS

Put our new products for 2022 on display or show them off in your shop window. One of our teams in your area will be happy to advise you on site.



MERCHANDISING AND POS SUPPORT

1.

2.

3.

1. Hanger for bottoms
2. Hanger for lingerie
3. Hanger for swimwear

- Transparent with Amoena logo
- 1 pack contains: 10 pcs

Contact Breast Form Display

- Transparent with Amoena logo
- Convex shape for sticking Contact breast forms on
- 1 pack contains: 1 pcs

Universal Breast Form Display

- Transparent with Amoena logo
- Suitable for all Amoena breast forms and shapers
- Ideal for sizes 4-6
- 1 pack contains: 1 unit

Mastectomy Torso

- Full body
- White with Amoena logo
- Size 45 x 80 x 35 cm
- Bra size: 75B / 38
- 1 pack contains: 1 pcs
- Please order separately. Details are available from your local branch office.

Self-Adhesive Logo Sticker

- Transparent + black, non-inverted Amoena logo, 300 x 60 mm and 500 x 90 mm
- Transparent, matte, inverted Amoena logo for interior window display, 275 mm x 40 mm
- 1 pack contains: 3 pcs, 1 of each size

Brochure Stand

- For A4 brochures
- Transparent with Amoena logo in blue
- Size 230 x 30 mm
- 1 pack contains: 1 pcs

Display mannequin

- Fixed pose
- White with Amoena logo
- Size approx. 180 cm, including stand
- Bra size: 75B / 38
- 1 pack contains: 1 pcs
- Please order separately. Details are available from your local branch office.

NOTES

NOTES



THE AMOENA SOLUTION

amoena

Supporting Confidence

Amoena Medizin-Orthopädie-Technik GmbH

Kapellenweg 36 · 83064 Raubling · Germany

amoena.com



Breast Forms, Shapers, Recovery Care Garments, Silicone Patches, Pocketed Bras und pocketed Swimwear
Amoena is an ISO 9001 / 13485 / 14001 certified company.



Amoena is a registered trademark of Amoena Medizin-Orthopädie-Technik GmbH.
© 2021 All rights reserved Amoena Medizin-Orthopädie-Technik GmbH, 83064 Raubling, Germany